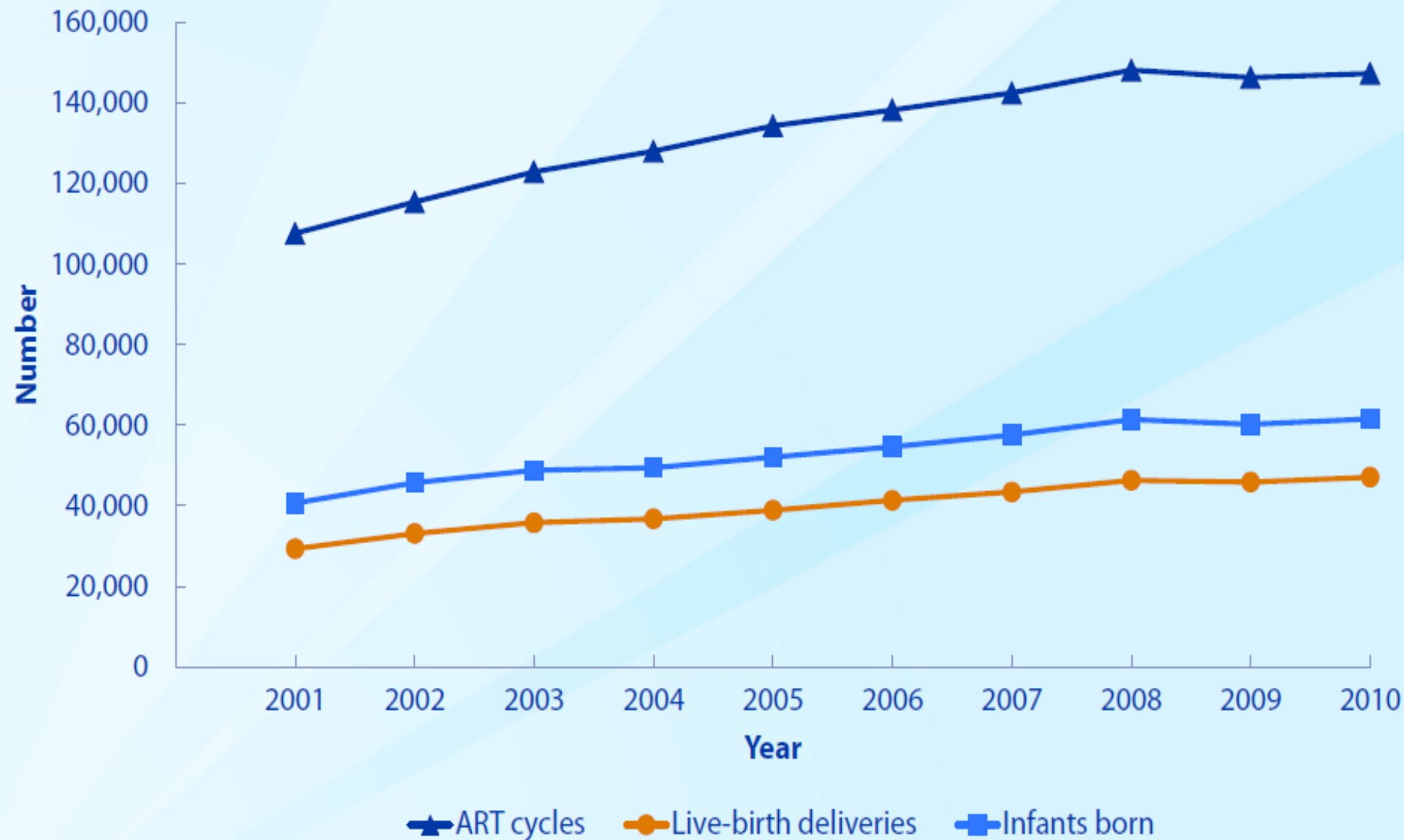


Informational biometrics in human gametes and embryos.

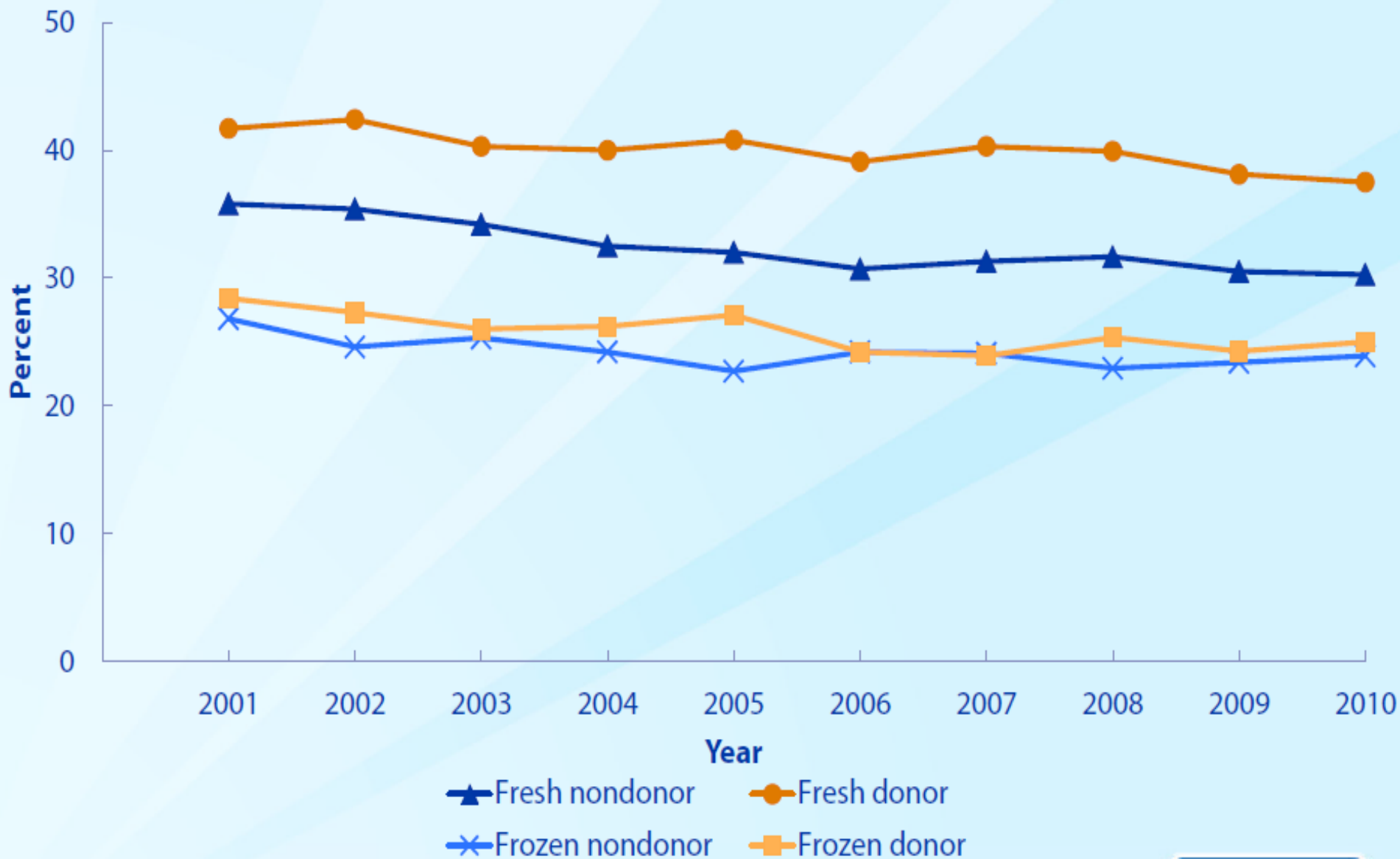
AAB 2014 Annual Meeting and Educational Conference
May 15-17, 2014

Zsolt Peter Nagy, Ph.D., HCLD/CC(ABB)
Scientific Director
Reproductive Biology Associates
Atlanta, USA

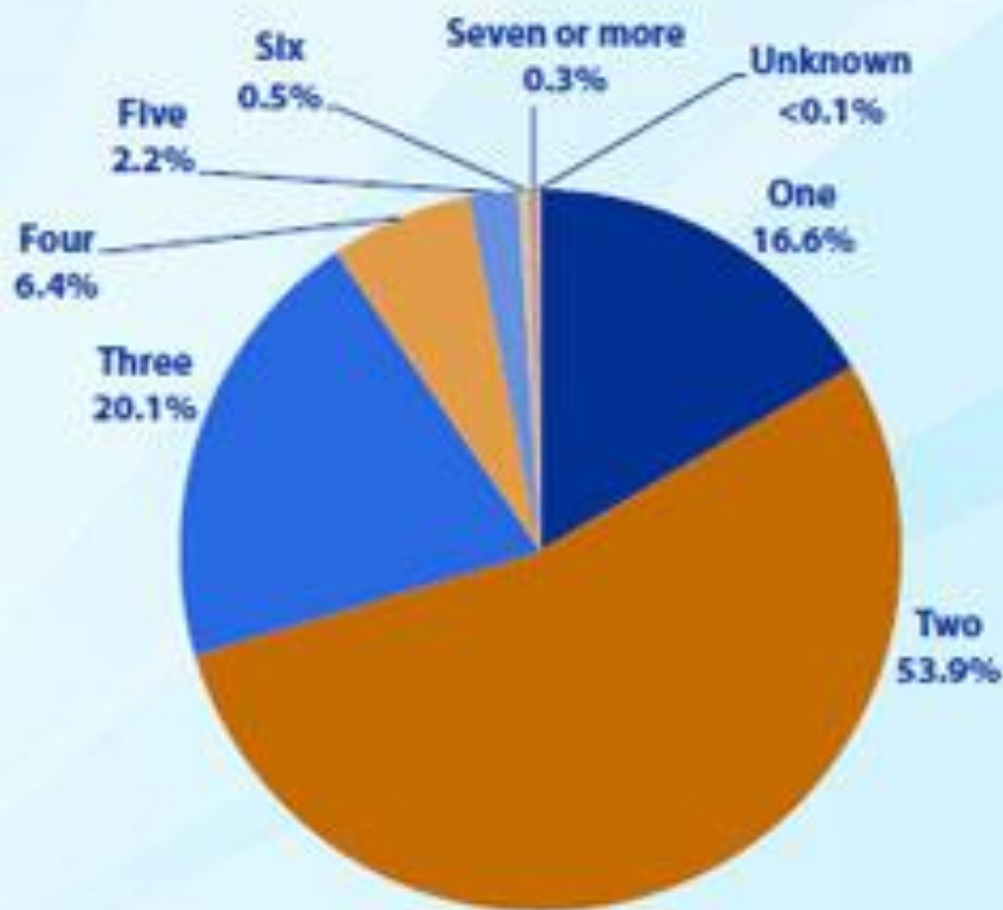
Numbers of ART Cycles Performed, Live-Birth Deliveries, and Infants Born Using ART, 2001–2010



Percentages of ART Cycles That Resulted in Multiple-Infant Live Births, by Type of ART Cycle, 2001–2010

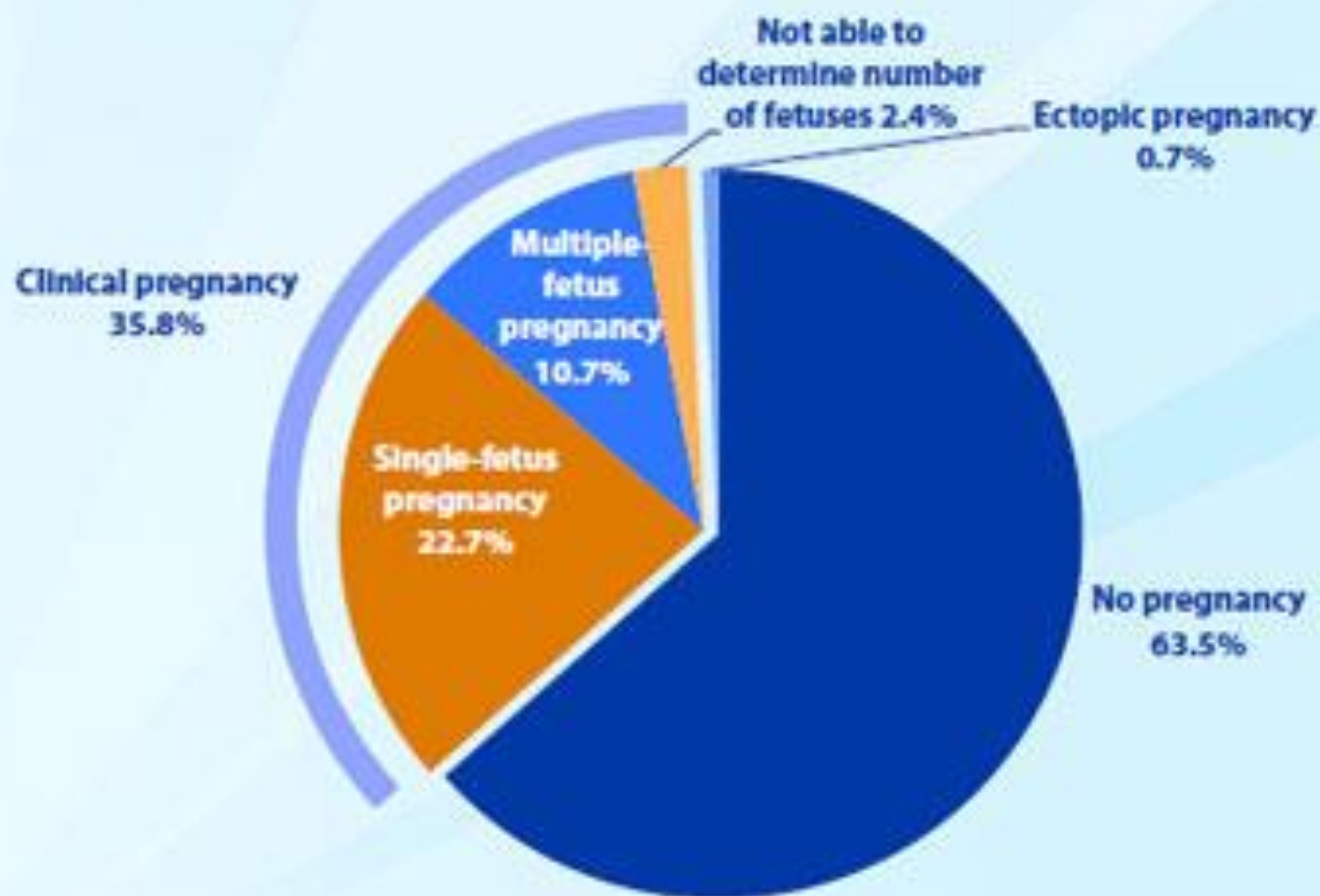


Numbers of Embryos Transferred During ART Cycles Using Fresh Nondonor Eggs or Embryos,* 2011

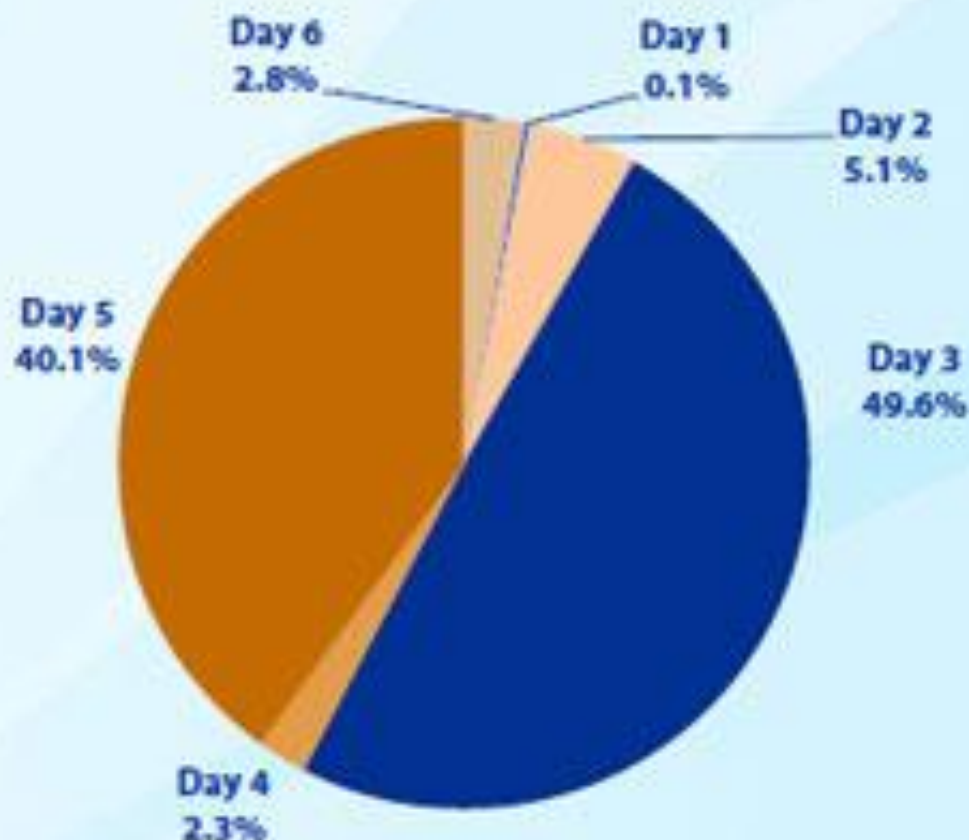


* Total does not equal 100% due to rounding.

Outcomes of ART Cycles Using Fresh Nondonor Eggs or Embryos, 2011



Day of Embryo Transfer* Among ART Cycles Using Fresh Nondonor Eggs or Embryos,† 2011



* Number of days following egg retrieval.

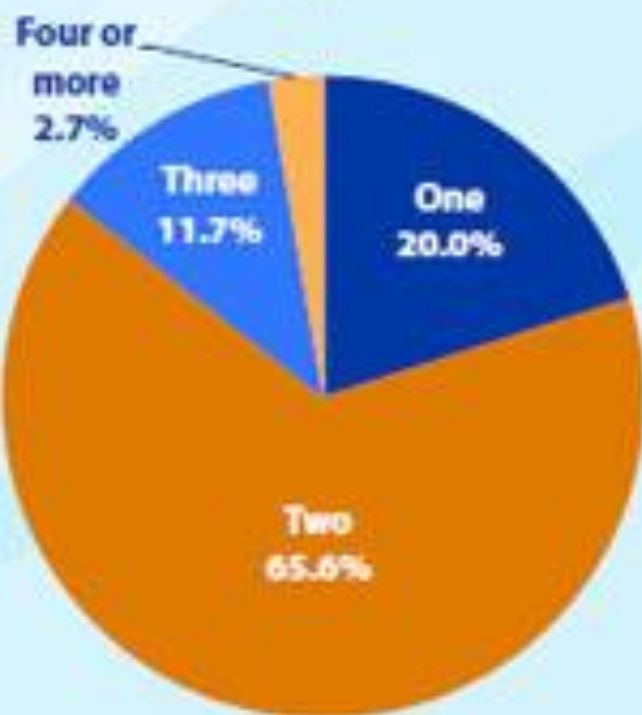
† Cycles using GIFT or ZIFT are excluded. Missing or implausible values for day of embryo transfer (i.e., 0 or >6) are not included.

Numbers of Embryos Transferred Among ART Cycles Using Fresh Nondonor Eggs or Embryos for Day 3 and Day 5 Embryo Transfers,* 2011

Day 3†



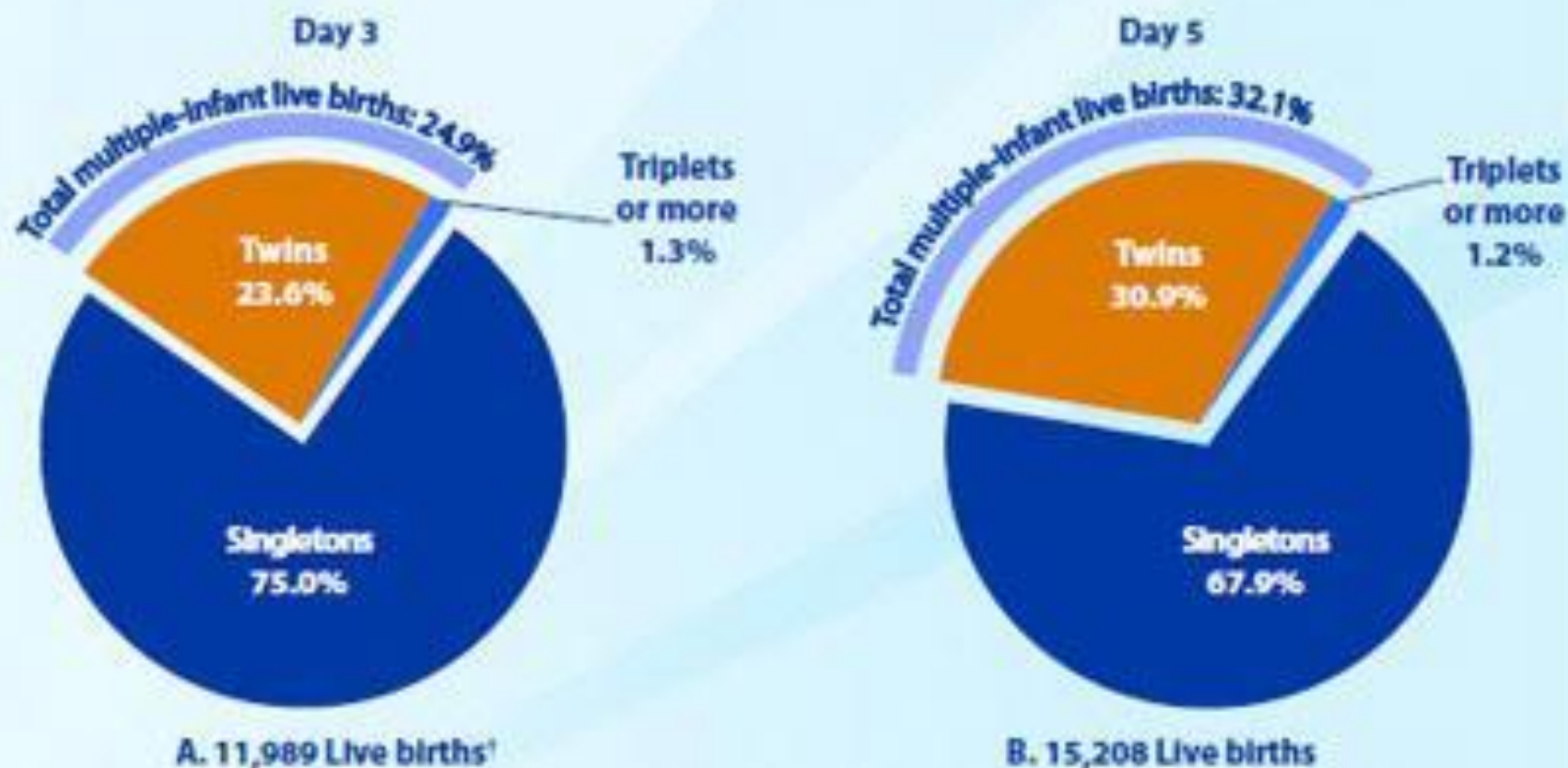
Day 5



* Cycles using GIFT or ZIFT are excluded. Embryo transfers performed on days 1, 2, 4, and 6 are not included because each of these accounted for a small proportion of procedures.

† Total does not equal 100% due to rounding.

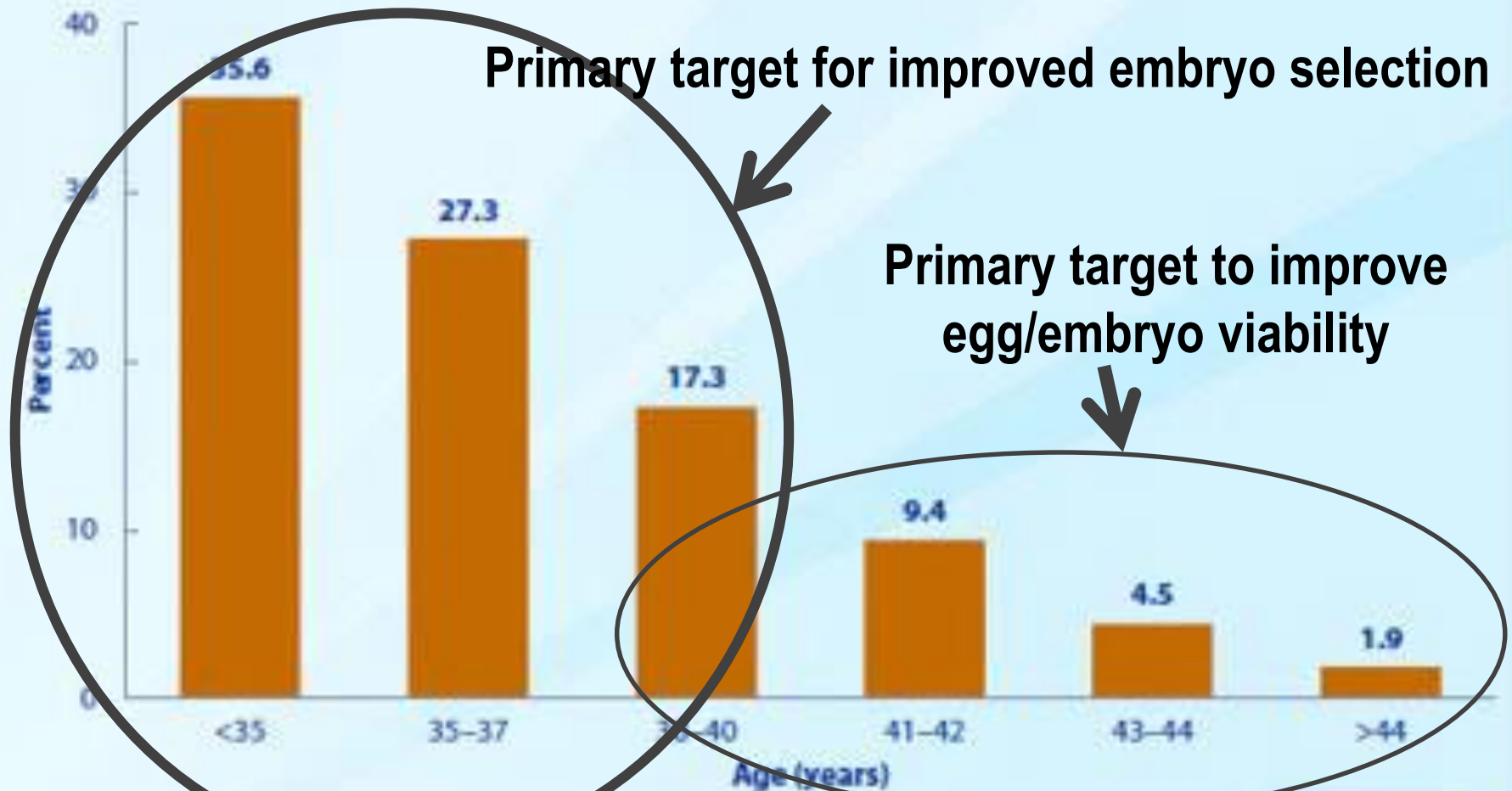
Distribution of Multiple-Infant Live Births Among ART Cycles Using Fresh Nondonor Eggs or Embryos for Day 3 and Day 5 Embryo Transfers,* 2011



* Cycles using GIFT or ZIFT are excluded. Embryo transfers performed on days 1, 2, 4, and 6 are not included because each of these accounted for a small proportion of procedures.

[†] Total does not equal 100% due to rounding.

Percentages of Embryos Transferred That Resulted in Implantation Among Women Using Fresh Nondonor Eggs or Embryos, by Age Group, 2011



Techniques and equipment

- Oocyte / sperm preparation
- Insemination (ICSI)
- Embryo culture
- Embryo assessment / diagnostic
- Embryo transfer

The goal of assessing embryos is to identify those that are viable and can contribute to a healthy (singleton) pregnancy after fresh (or frozen) transfer

Contribution of ART to all Deliveries

Proportion of all singletons	3.2%
Proportion of all twins	38.1%
Proportion of all triplets	79.6%

IVF pregnancy rates: 10%-50% - 1/3 multiple



Infant Complications from Multiple Pregnancy

	Singleton	Twin	Triplet
Ave. Week @ Birth	39 wks	36 wks	32 wks
% Very Premature	1.7%	14%	41%
Ave. Birth Weight	3357 gms	2390 gms	1735 gms
% Severe Handicap	1.9%	3.4%	5.7%
% Infant Mortality	1.1%	6.6%	19.7%
Expense	\$15K	\$30K	\$152K

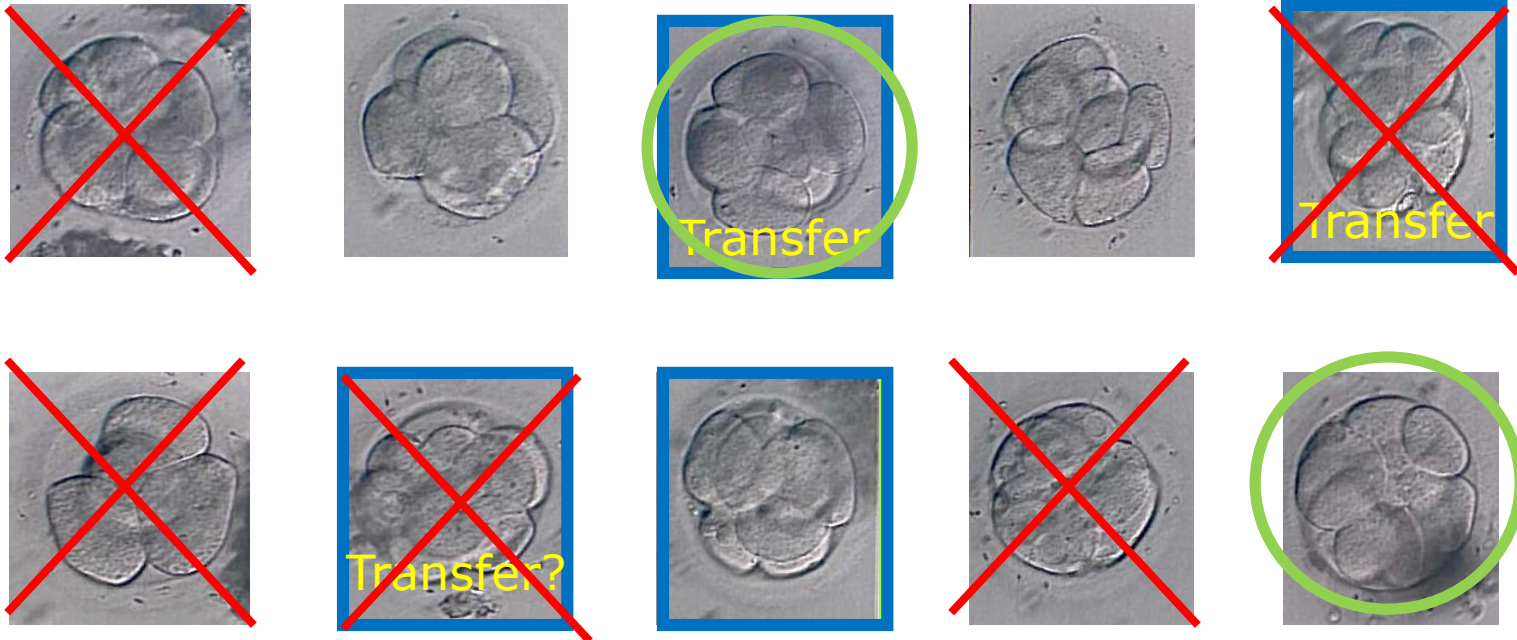
Contemporary Goals of IVF

- ❑ Reduce number of embryos transferred
- ❑ Maintain high pregnancy rates per cycle



Need for Optimal Embryo Selection

Which Embryo to Choose?



 Best morphology

 Non Viable by PGS/aCGH/qPCR

 Best by "omics"/time lapse

Non-invasive Embryo Assessment Approaches

Possible Targets to Use for Testing

Morphology

- Birefringence (SpindleView)
- EmbryoScope/Monitoring System

Metabolic Activity

- Pyruvate/Glucose uptake
- Amino acids*
- Oxygen consumption (Respirometry)

Constituents

- Genome
- Transcriptome (cumulus cells)
- Proteome*
- Metabolome*

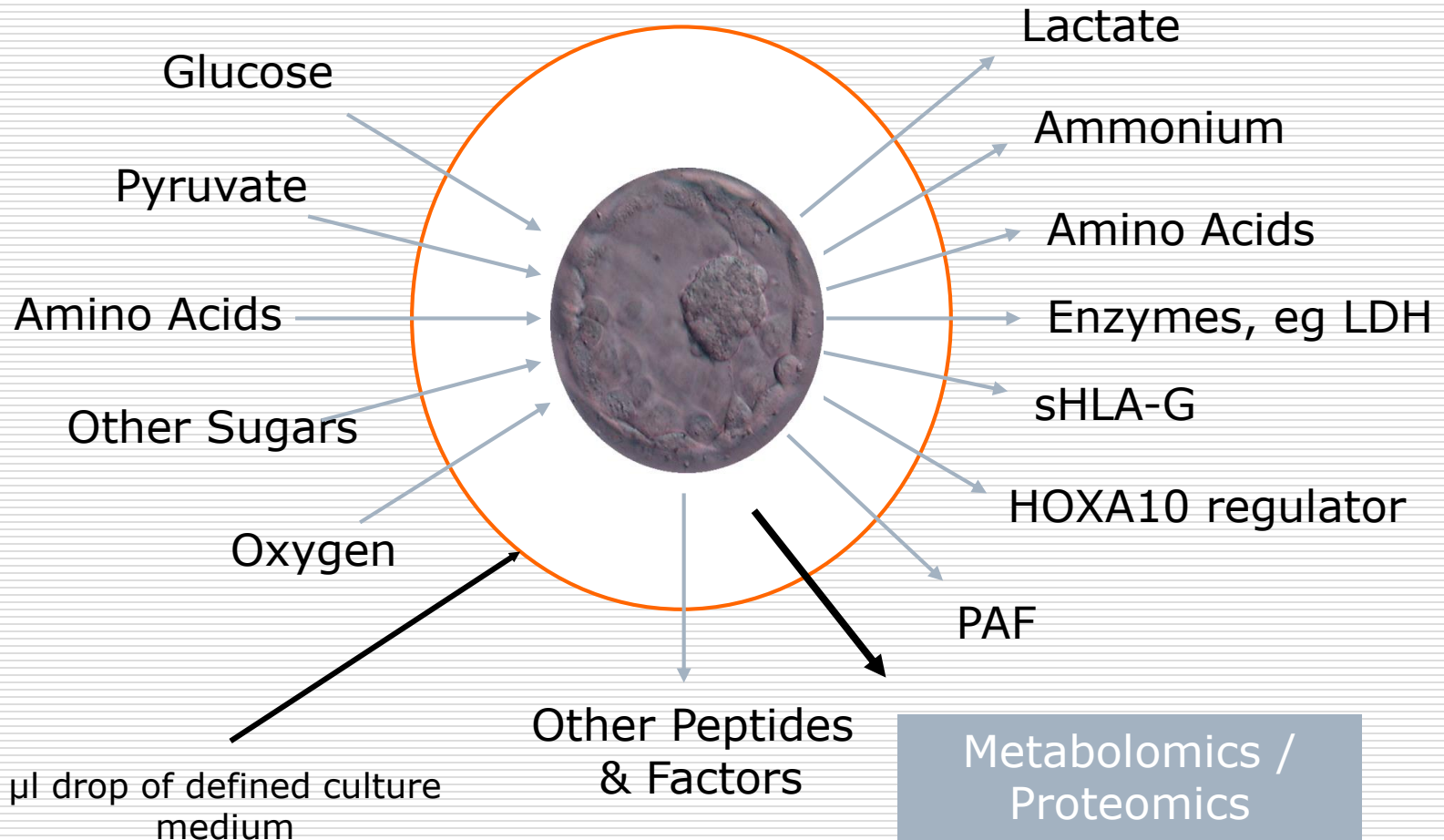
PAF

Secreted Factors

- HLA_g
- “Secretome”*

Uptake

Production



Modified from: Gardner and Leese (1993) Assessment of embryo metabolism and viability. In: Handbook of In Vitro Fertilization. Eds Trounson & Gardner CRC Press. pp195-211.

Single or specific molecule targeting

Target Molecule	Method of analysis	Embryonic stage tested	Clinical practicality	Outcome	References
Pyruvate	Ultramicrofluorescence	Day 0-5	High technicality, less practical.	Contrasting results	(Hardy, Hooper et al. 1989 ; Gott, Hardy et al. 1990 ; Conaghan, Handyside et al. 1993 ; Gardner, Lane et al. 2001 ; Jones, Trounson et al. 2001)
Glucose	Ultramicrofluorescence	Oocytes, Day 0-5 embryos	High technicality, less practical.	Contrasting results	(Hardy, Hooper et al. 1989 ; Gott, Hardy et al. 1990 ; Gardner, Lane et al. 2001 ; Jones, Trounson et al. 2001 ; Gardner et al, 2011)

Nel-Themaat L, Nagy ZP; Placenta; 2011: A review of the promises and pitfalls of oocyte and embryo metabolomics.

Single or specific molecule targeting

Target Molecule	Method of analysis	Embryonic stage tested	Clinical practicality	Outcome	References
Oxygen	Microspectrophotometry Respirometry	Oocytes, blastocysts Oocytes	High technicality, impractical. Expensive equipment.	Acquired oxygen consumption rates Respiration rates correlated to maturation and viability of oocytes.	(Magnusson, Hillensjo et al. 1986) (Scott, Berntsen et al. 2008)
HLA-G	Enzyme-linked immunosorbent assay	Follicular fluid, Day 0-5	High technicality, impractical	Contrasting findings.	(Fuzzi, Rizzo et al. 2002 ; Warner, Lampton et al. 2008 ; Tabiasco, Perrier d'Hauterive et al. 2009)
Leptin	Enzyme-linked immunosorbent assay	Day 5 embryos	High technicality, impractical	Positive correlation between leptin secretion and blastocyst development	(Gonzalez, Caballero-Campo et al. 2000)

Groups of molecules targeted

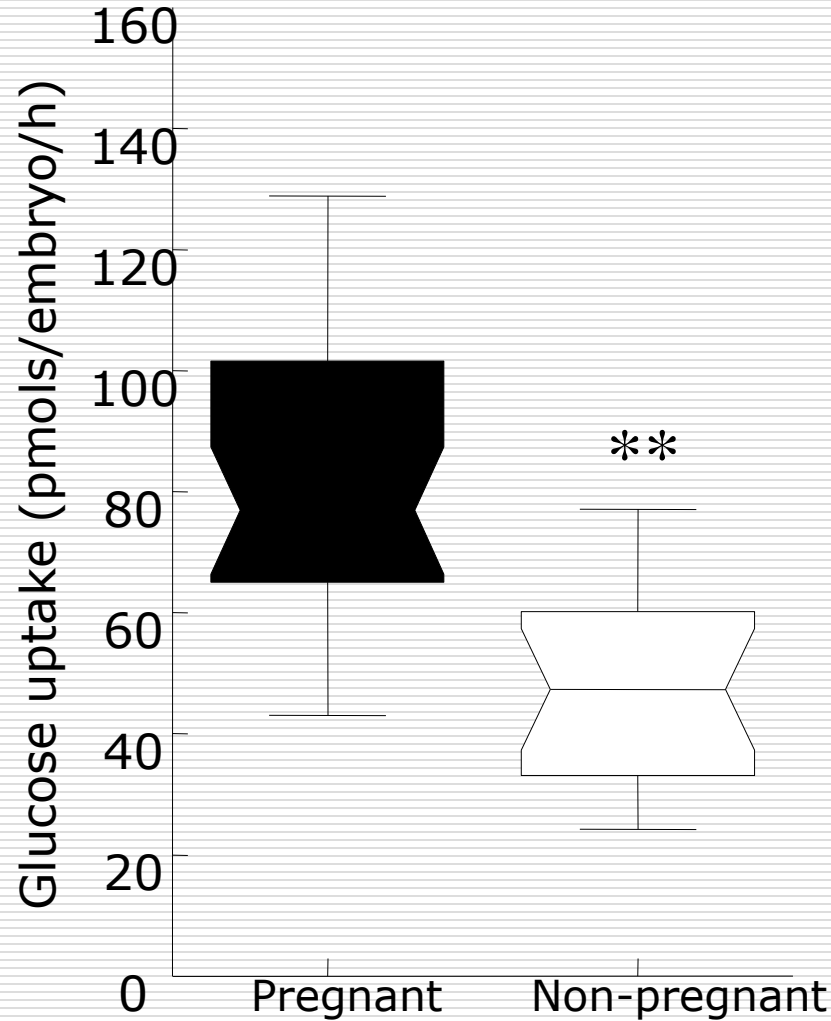
Target Molecule	Method of analysis	Embryonic stage tested	Clinical practicality	Outcome	Selected references
Protein complement	Surface-enhanced laser desorption ionization time-of-flight mass spectrometry	Day 5 embryos	High technicality, impractical. Expensive equipment.	Protein profiles are related to blastocyst morphology.	(Katz-Jaffe, Gardner et al. 2006)
	Protein microarray	Day 5 embryos	High technicality, impractical. Expensive equipment.	Implantation potential corresponds to specific protein secretion levels.	(Dominguez, Gadea et al. 2008)

Groups of molecules targeted

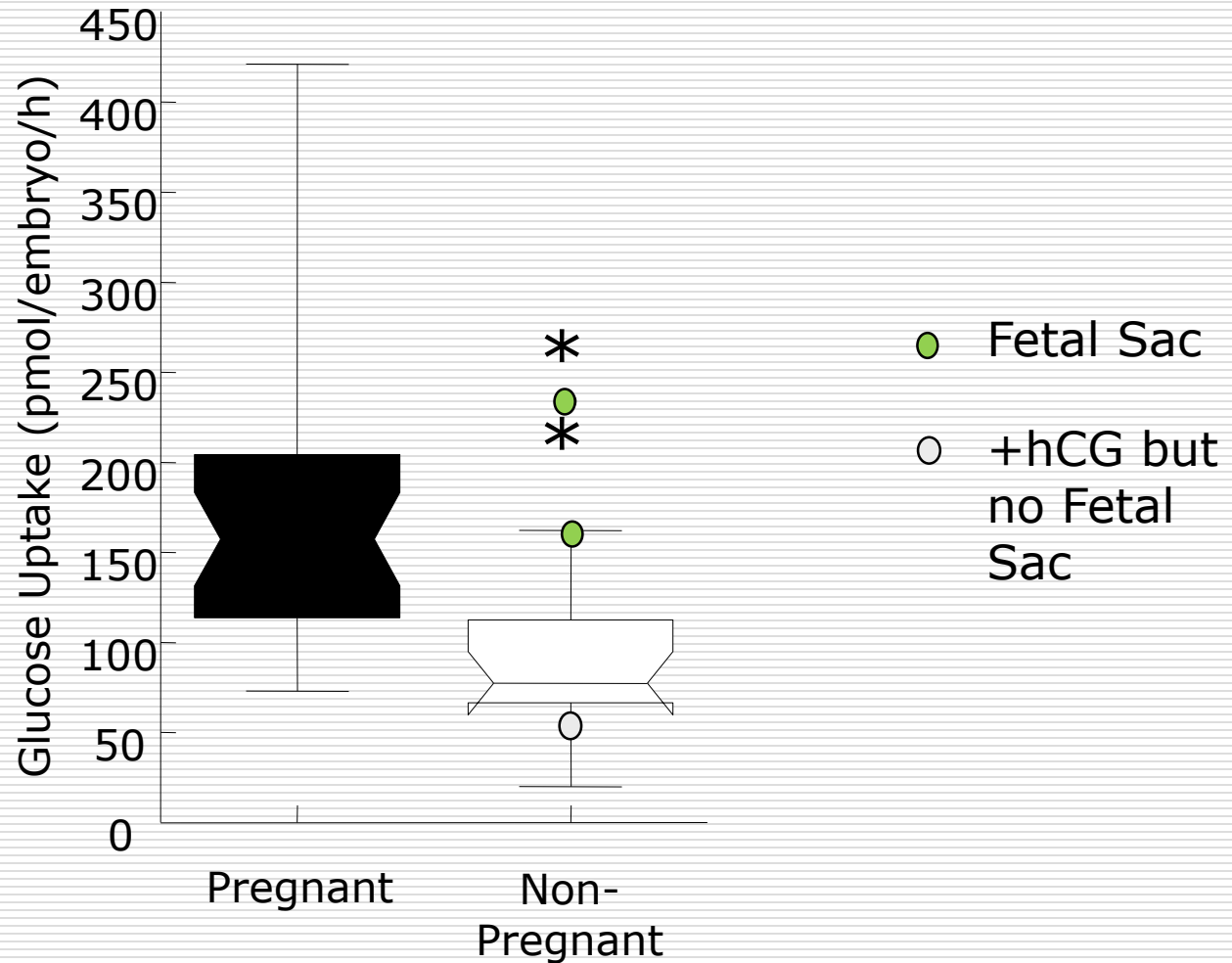
Target Molecule	Method of analysis	Embryonic stage tested	Clinical practicality	Outcome	Selected references
Metabolic complement	Non-optical spectroscopy (Proton nuclear magnetic resonance)	Day 3 embryos Oocytes,	High technicality, impractical. Expensive equipment.	Metabolomic profile correlates with reproductive potential of embryos. Oocyte viability score correlates to developmental potential. Embryo viability score predicts pregnancy independent of morphology.	(Seli, et al. 2008) (Nagy et al. 2009) (Agrawal et al. 2006 ; Seli, et al.; 2006 ; Seli et al. 2007 ; Scott et al, 2008; Vergouw et al. 2008 , 2012) Hardarson et al., 2012)
	Vibrational spectroscopy (Near infrared; Raman)	Day 3-5 embryos	Simple, rapid procedure, inexpensive, high practicality for clinical setting.		

Glucose

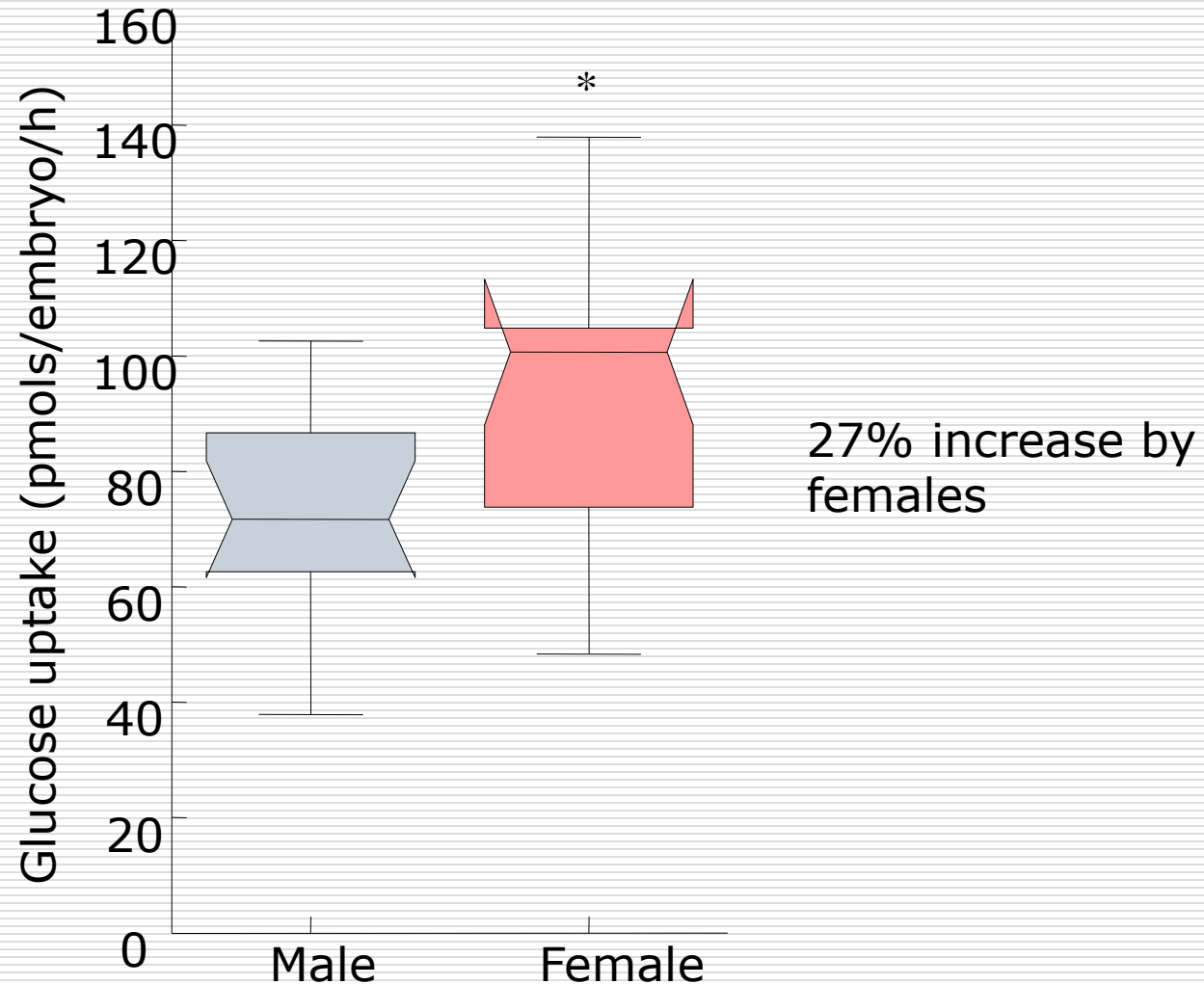
Glucose Uptake on day 4 of development and pregnancy outcome



Glucose Uptake on day 5 of development and pregnancy outcome

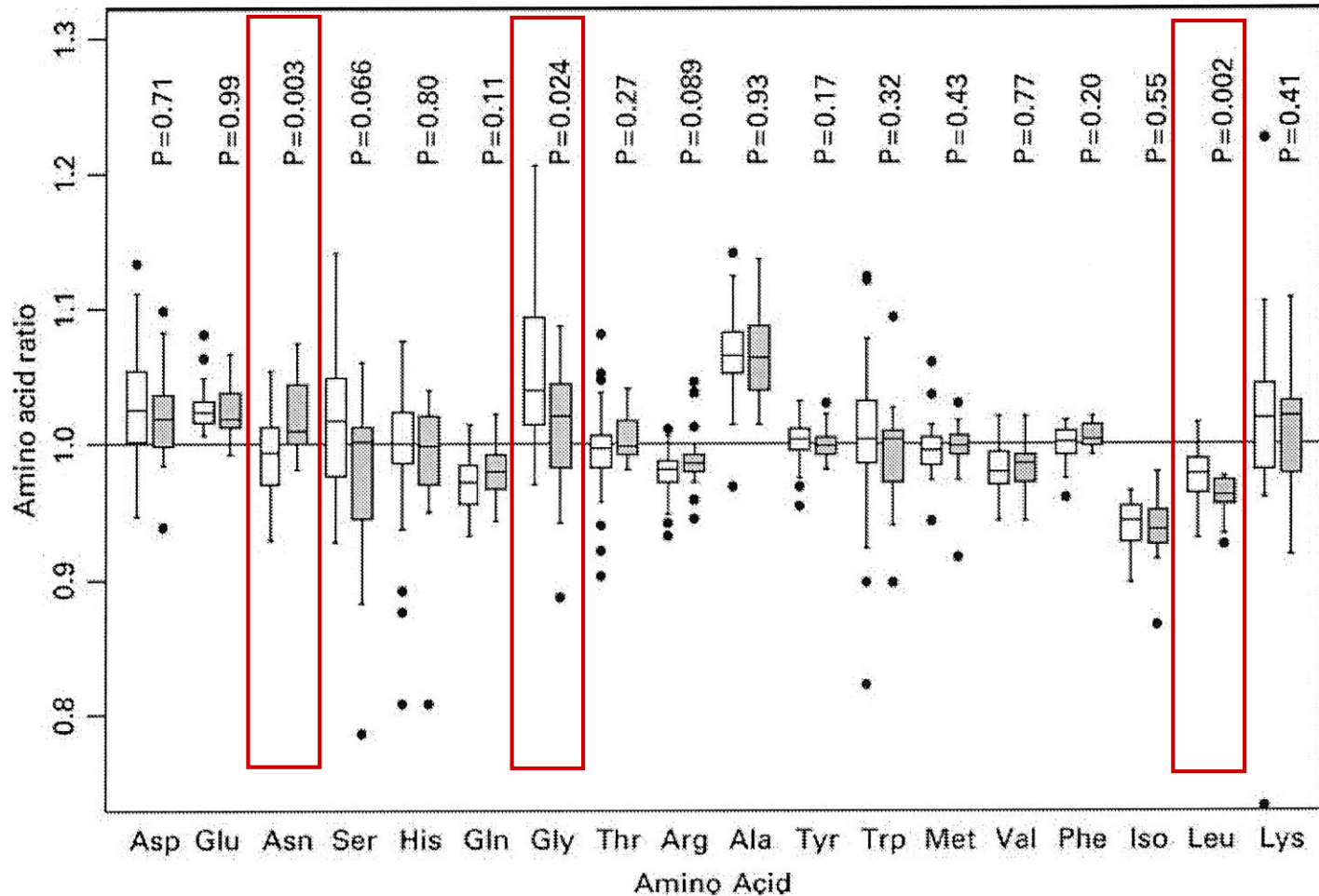


Glucose Uptake on day 4 of development and relation to embryo sex



Amino Acids

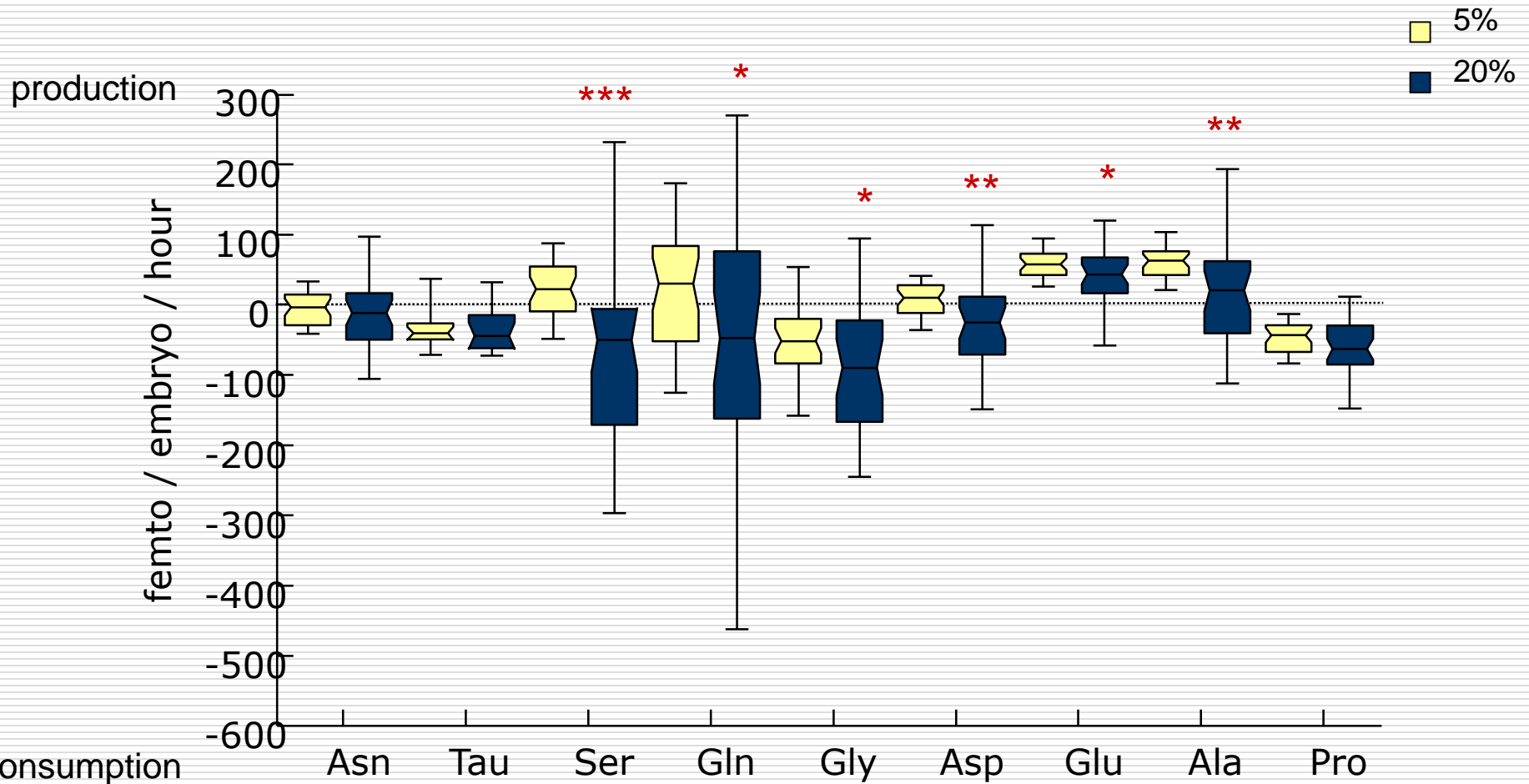
The turnover of Asn, Gly and Leu was correlated with clinical pregnancy rates



All studies on amino acid utilisation have been performed at 20% oxygen

Brison et al. (2004) Identification of viable embryos in IVF by non-invasive measurement of amino acid turnover Hum Reprod 19:2319-2324

Box-plots: cleavage stage individual amino acid utilisation

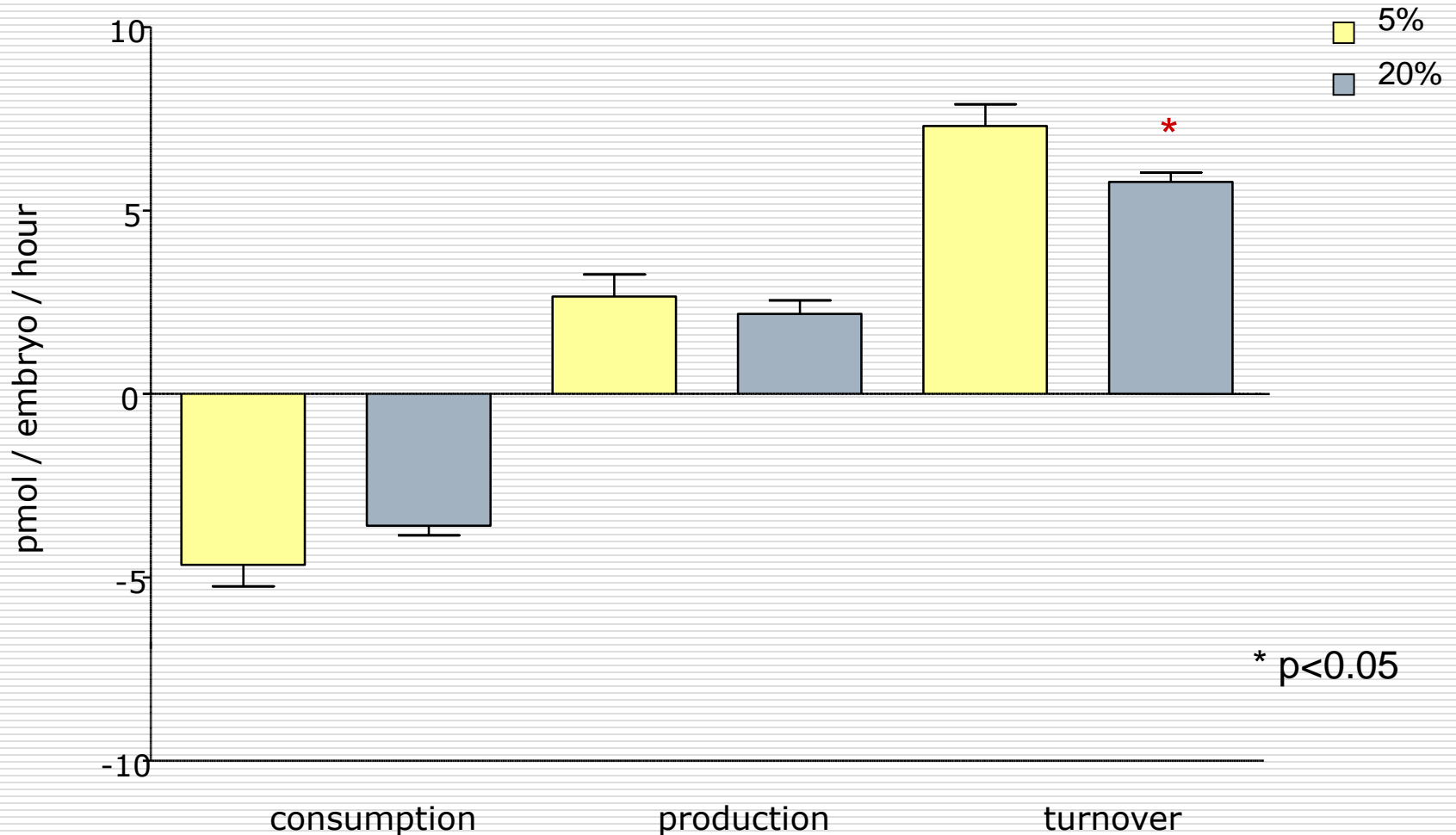


n = 330 (33 replicates, 10 embryos per sample)
per treatment

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

Decreased amino acid turnover from post-compaction embryos cultured atmospheric O₂

Oxygen has a different impact pre and post compaction



* p < 0.05

mean \pm SEM, n = 75 (25 replicates, 3 embryos per sample) per treatment

'OMICS' Technologies

'OMICS' Technologies

Genome

Transcriptome

Proteome

Metabolome

Chromosomes

DNA

RNA

Proteome

Metabolites

Transcription

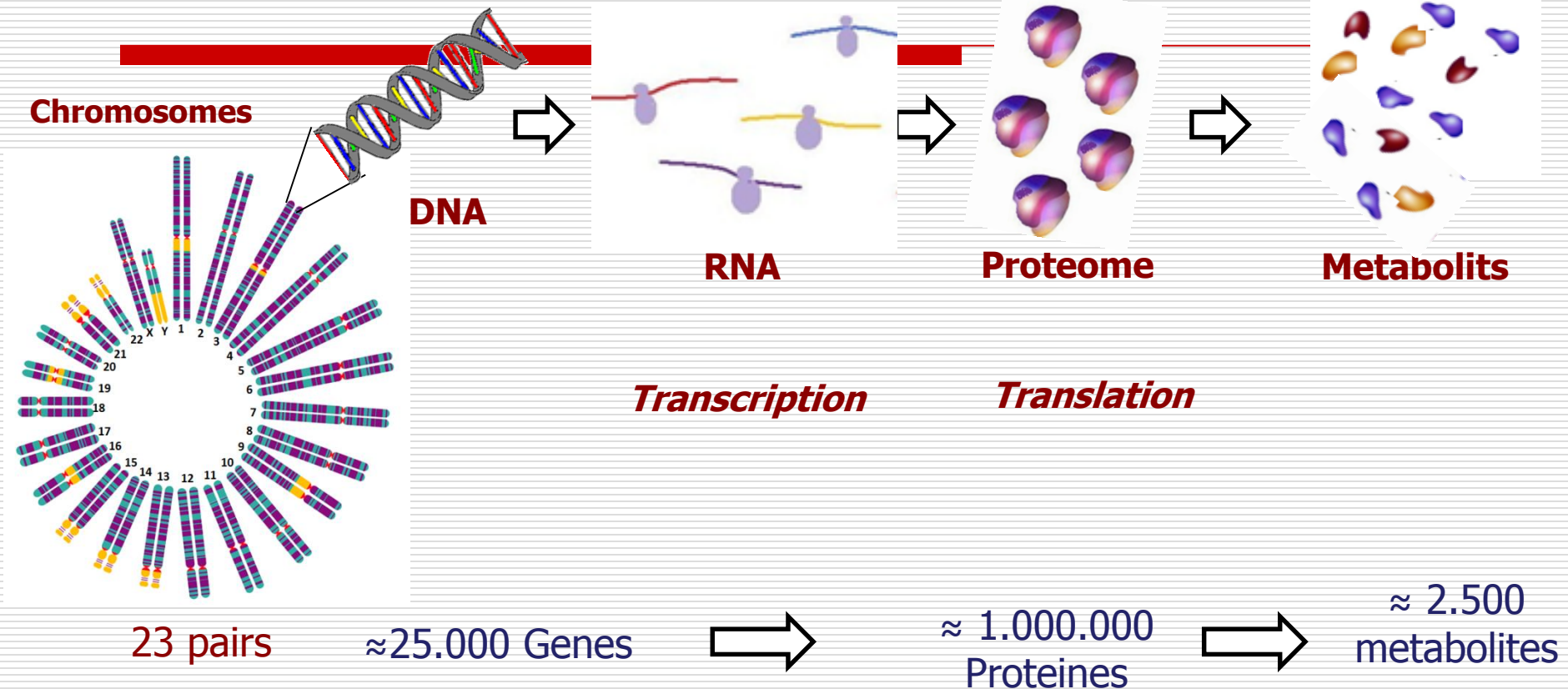
Translation

23 pairs

≈ 25.000 Genes

≈ 1.000.000
Proteines

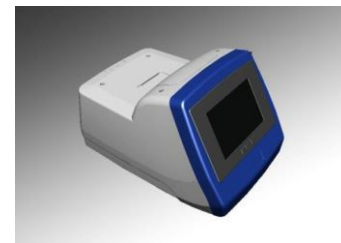
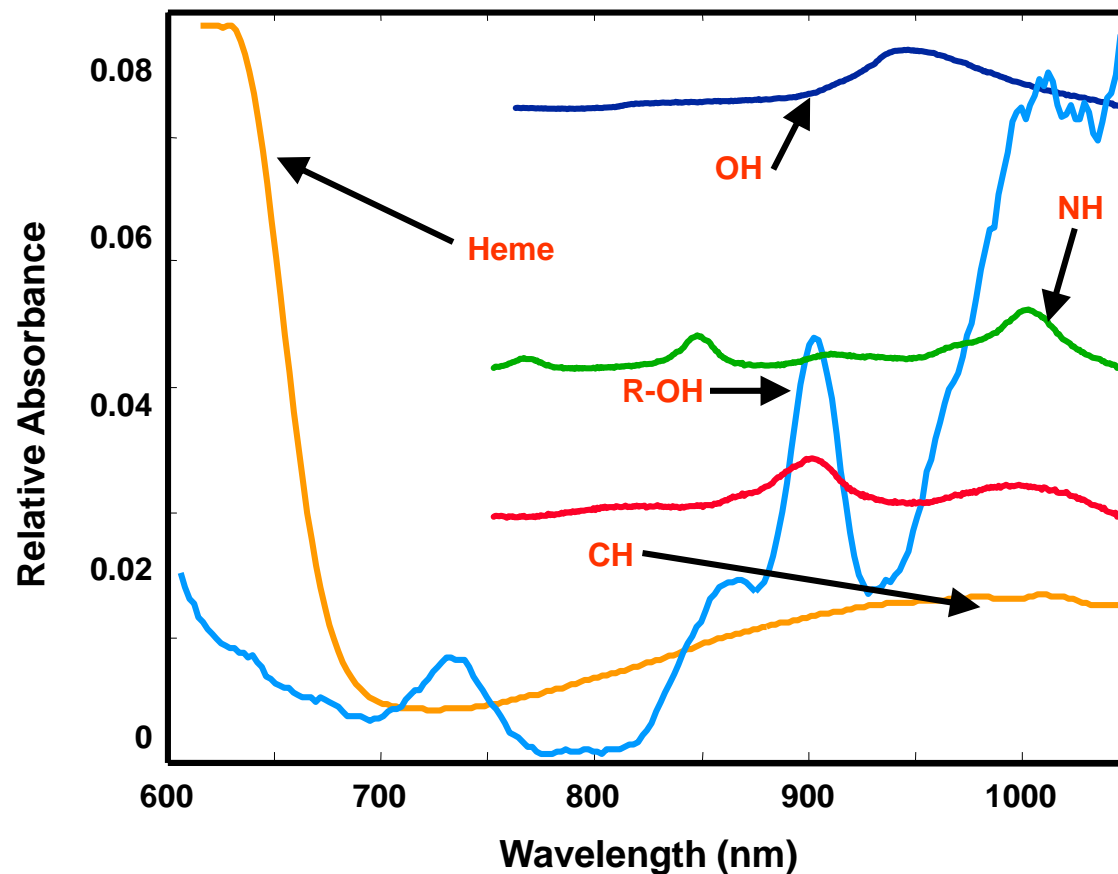
≈ 2.500
metabolites



Metabolomics

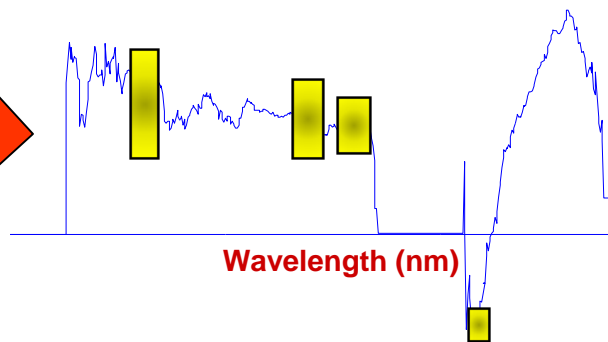
Biomarker Spectral Signatures (by NIR)

What is measured?



Algorithm Development and Blind Assessment

Step 1: Develop Predictive Algorithms on Day 2, 3 or 5 Embryo Culture Media with known Fetal Cardiac Activity outcome



Step 2: Develop Predictive Formula

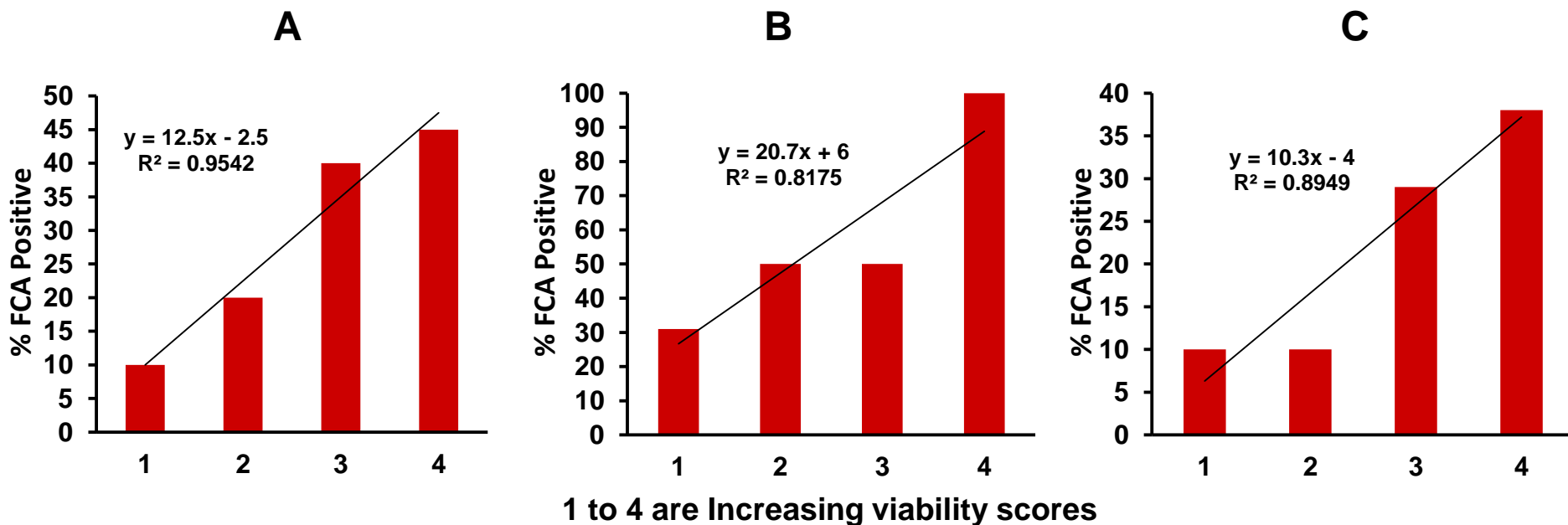
$$\text{Viability Score} = \alpha (W\alpha) + \beta (W\beta) + \gamma (W\gamma) + \delta (W\delta)$$

Step 3: Blind Validation on unknown outcomes

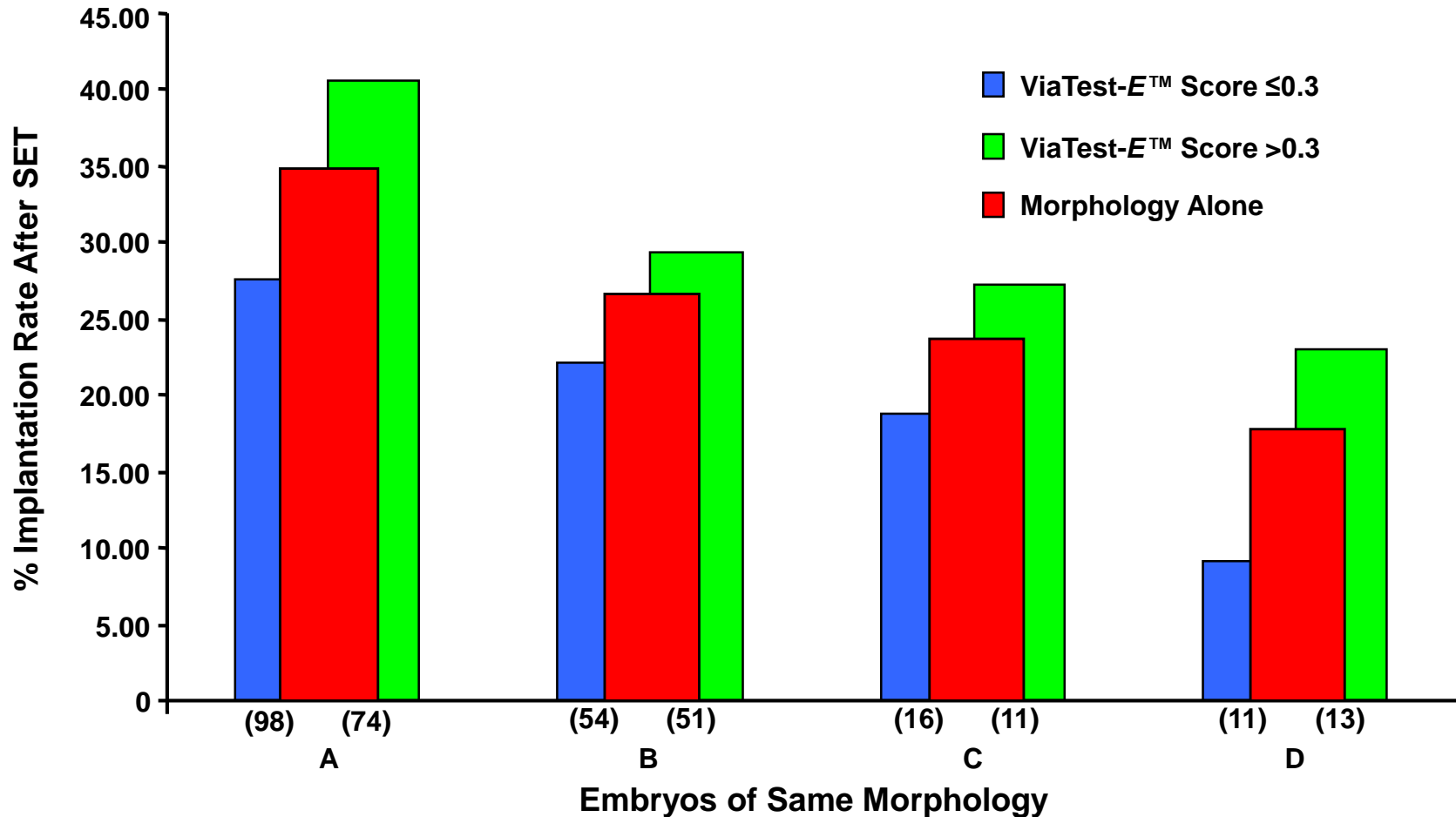
MOLECULAR BIOMETRICS DAY 5 ALGORITHM

Blindly Validated on Day 5 Single Embryo Transfers (N = 133) from Clinics A, B and C

FCA +ve rates are plotted in relation to Quartiles of increasing Viability Scores for each Clinic



SET Implantation Rates of Day 3 Embryos Comparing the Same Morphology Grade and Metabolomic Score of \leq or $>$ 0.3



(number of SET in parentheses)

Metabolomics: Clinical Performance Summary

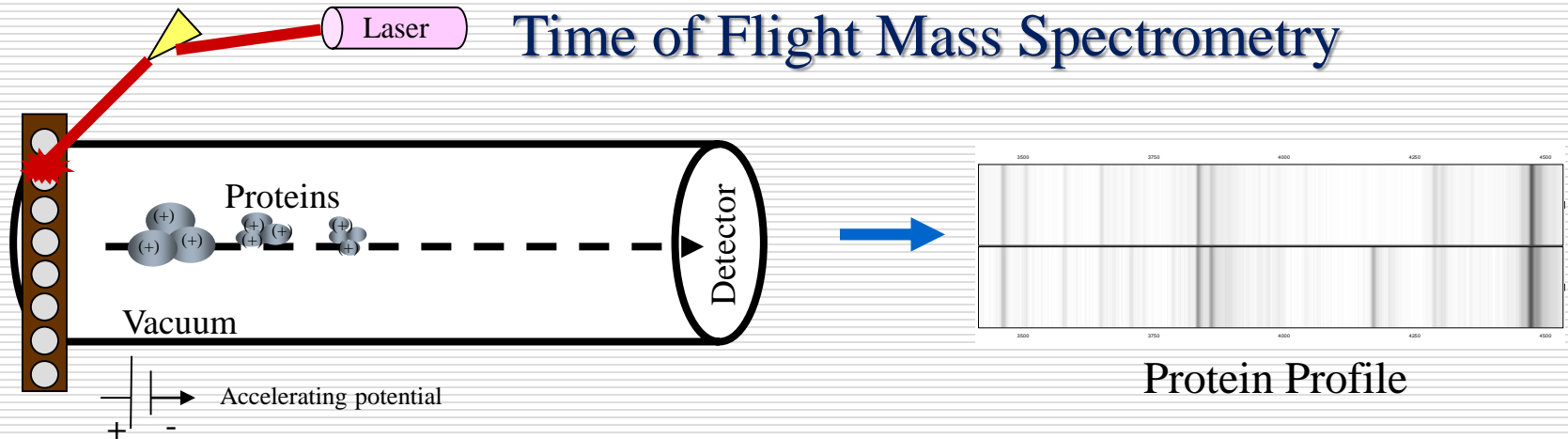
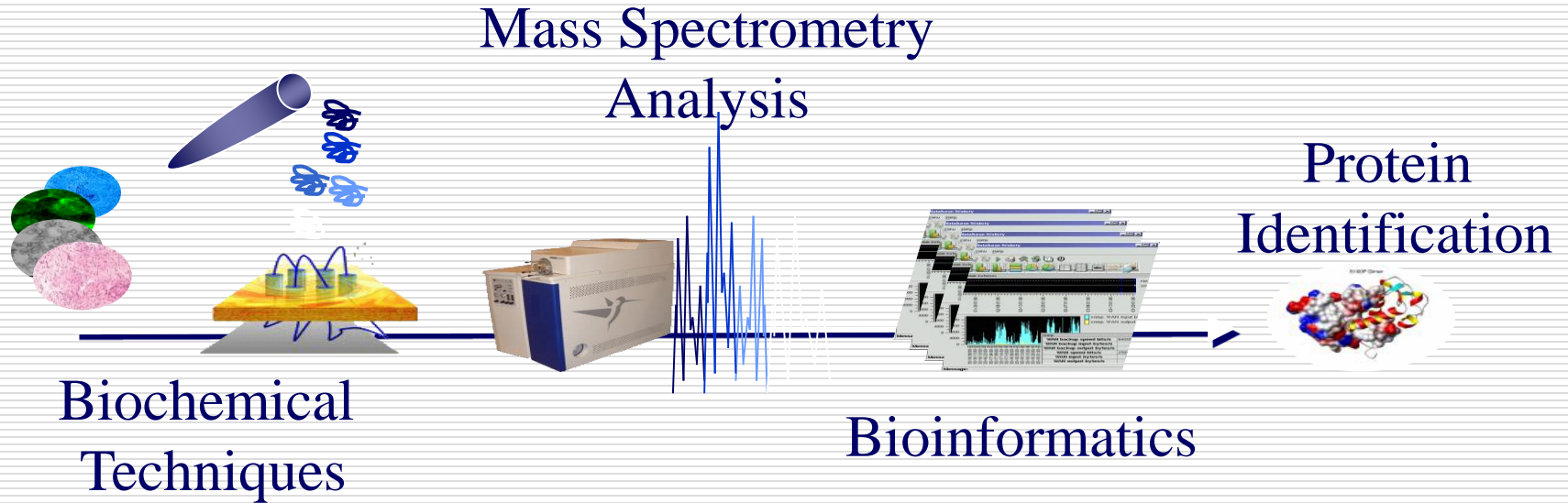
TYPE OF NIR INSTRUMENT	STUDY TYPE		MORPHOLOGY alone	MORPHOLOGY + VIAMETRICS (NIR)	BENEFIT
Prototype <i>Hardarson et al.</i> (<i>HR</i> ; 2012)	SET	IR	Day 2: 22/83 (26.5%) Day 5: 36/80 (45.0%)	Day 2: 27/87 [#] (31.0%) Day 5: 30/77 [#] (39.0%)	YES NO
Prototype <i>Vergouw et al.</i> (<i>HR</i> ; 2012)	SET	CPR	Day 3: 68/163 (41.7%)	Day 3: 61/146 [#] (41.8%)	NO
Commercial <i>Economou et al.</i> (<i>ESHRE</i> , 2011)	DET	CPR	8/28 (29%)	16/28 [#] (57%)	YES
Commercial <i>Sfontouris et al.</i> (<i>ESHRE</i> , 2011)	MET	CPR IR	41/86 (47.7%) 66/257 (25.7%)	21/39 (53.9%) [#] 35/102 (34.3%)*	YES

* $P < 0.05$.

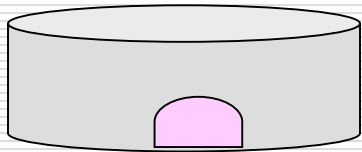
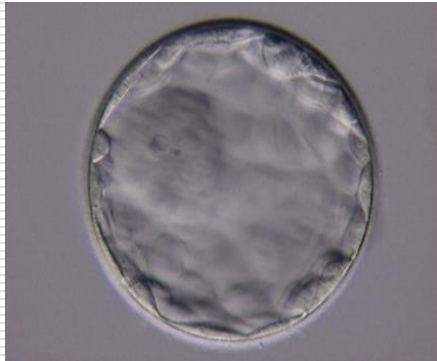
[#]Not Significant.

Proteomics

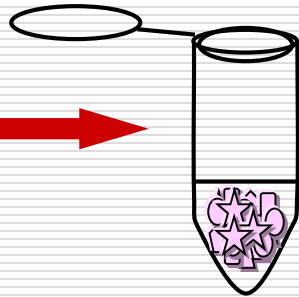
Proteomic Technologies



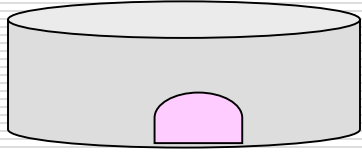
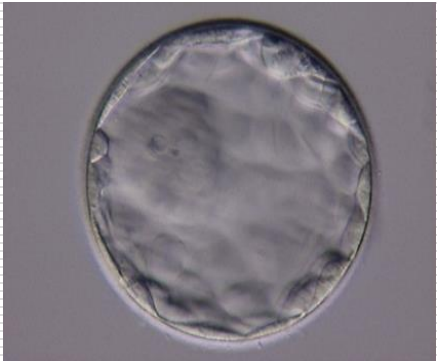
Clinical Evaluation of Viability Biomarkers



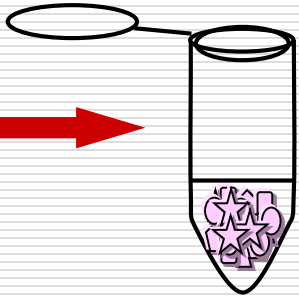
Individual Blastocyst
Microdrop Culture



**Non-Viable Euploid
Blastocyst Secretome**



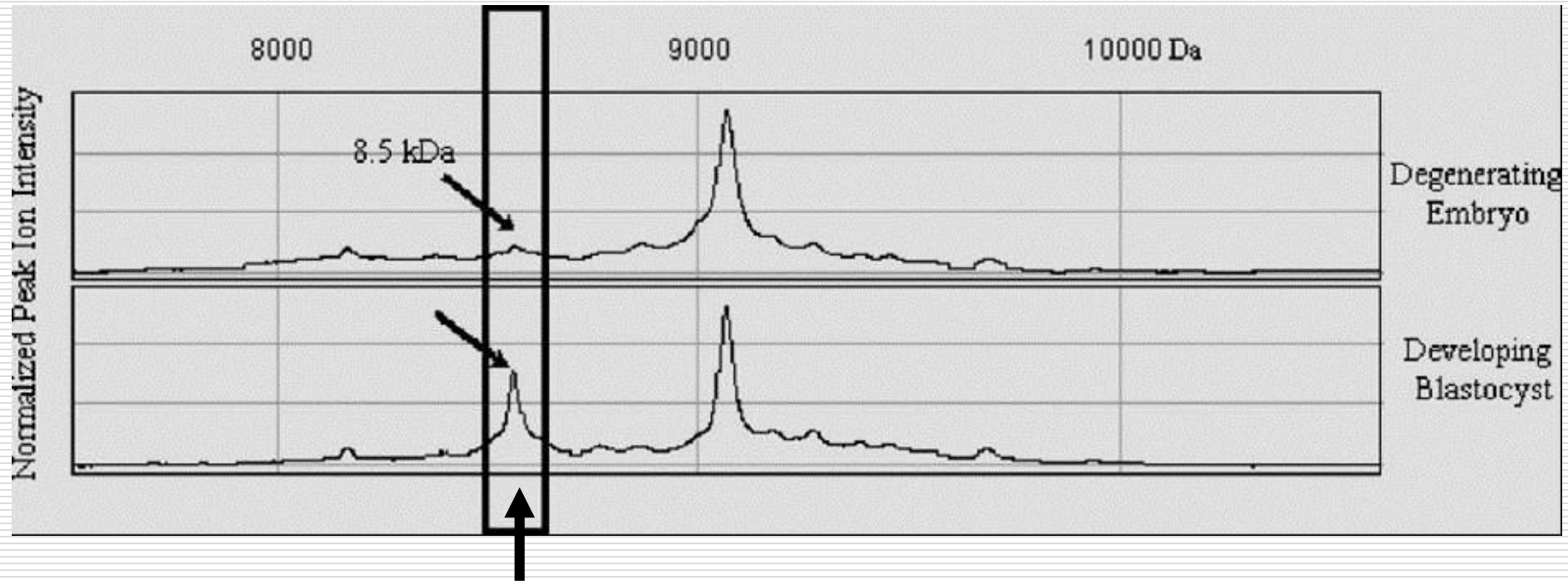
Individual Blastocyst
Microdrop Culture



**Viable Euploid
Blastocyst Secretome**

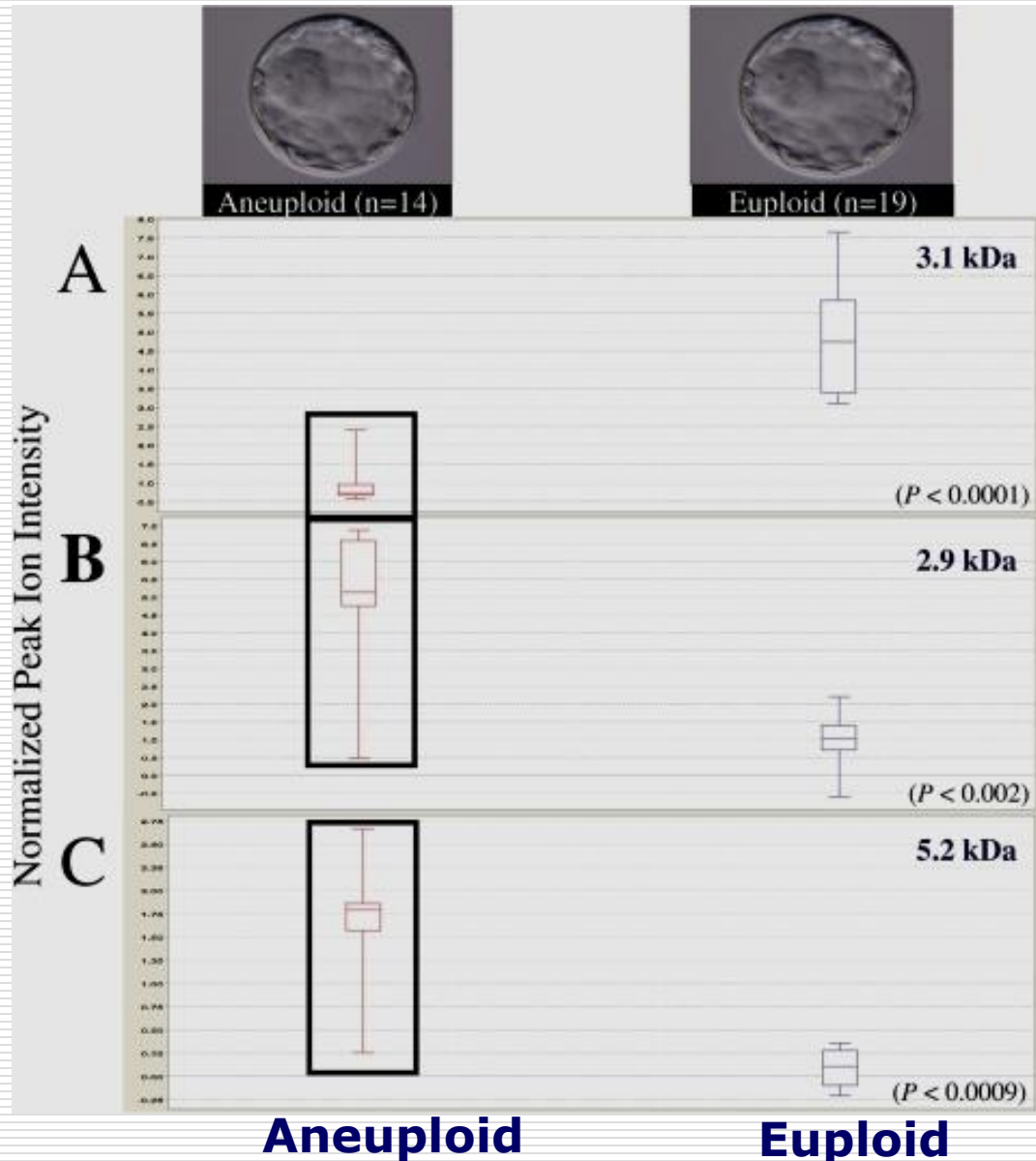
Proteomics

The expression of an 8.5-kDa protein biomarker appears to be directly associated with ongoing human blastocyst development.



Significant difference in expression

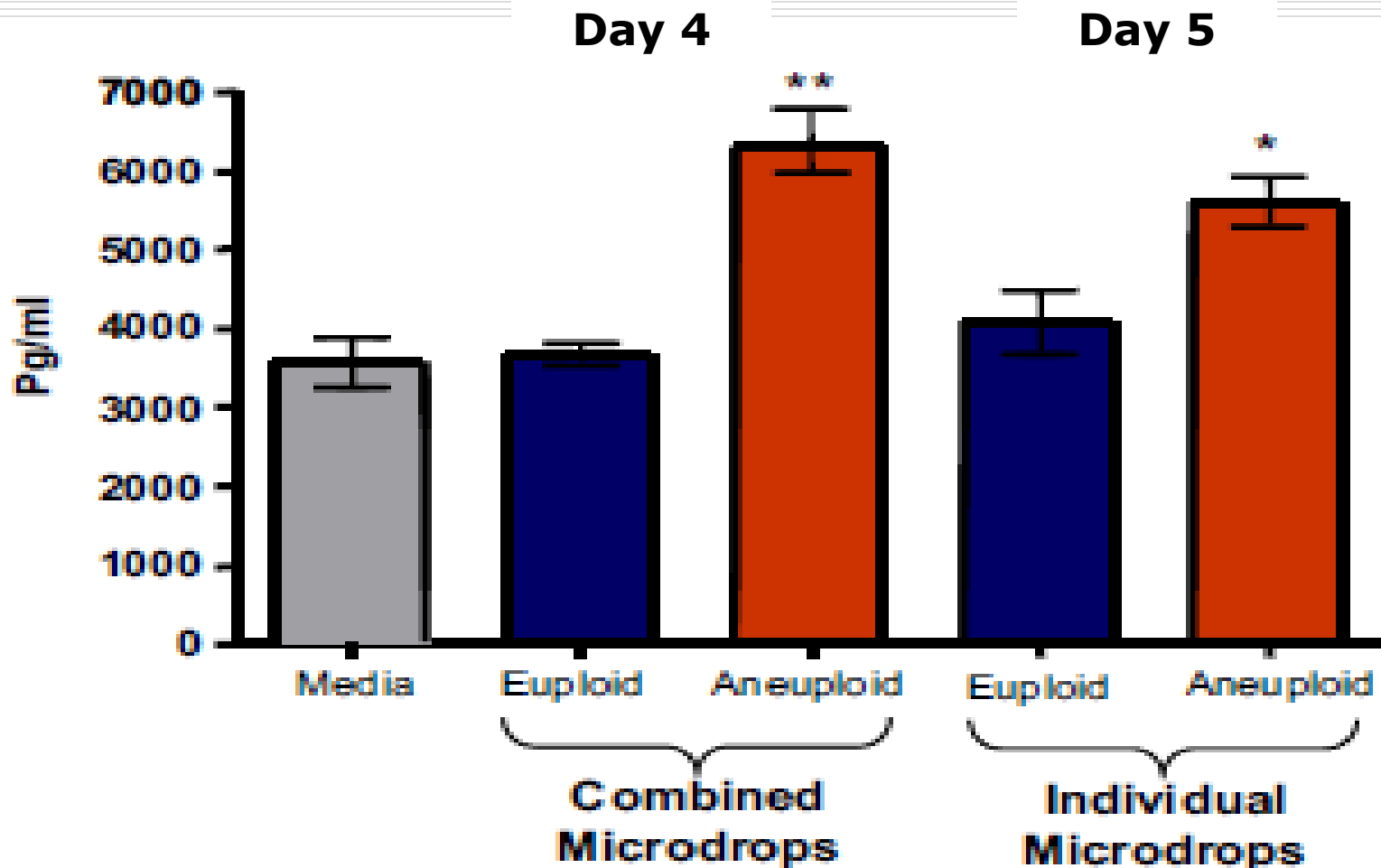
Proteomics And Aneuploidy



Examples of biomarkers that were differentially expressed in the secretome signatures of euploid blastocysts ($n = 19$) compared with the secretome signature of aneuploid blastocysts ($n = 14$) ($P < 0.05$).

Proteomics And Aneuploidy

Lipocalin-1: Was expressed significantly higher in the culture media of aneuploid embryos (McReynolds et al. Fertil. Steril. 2011)

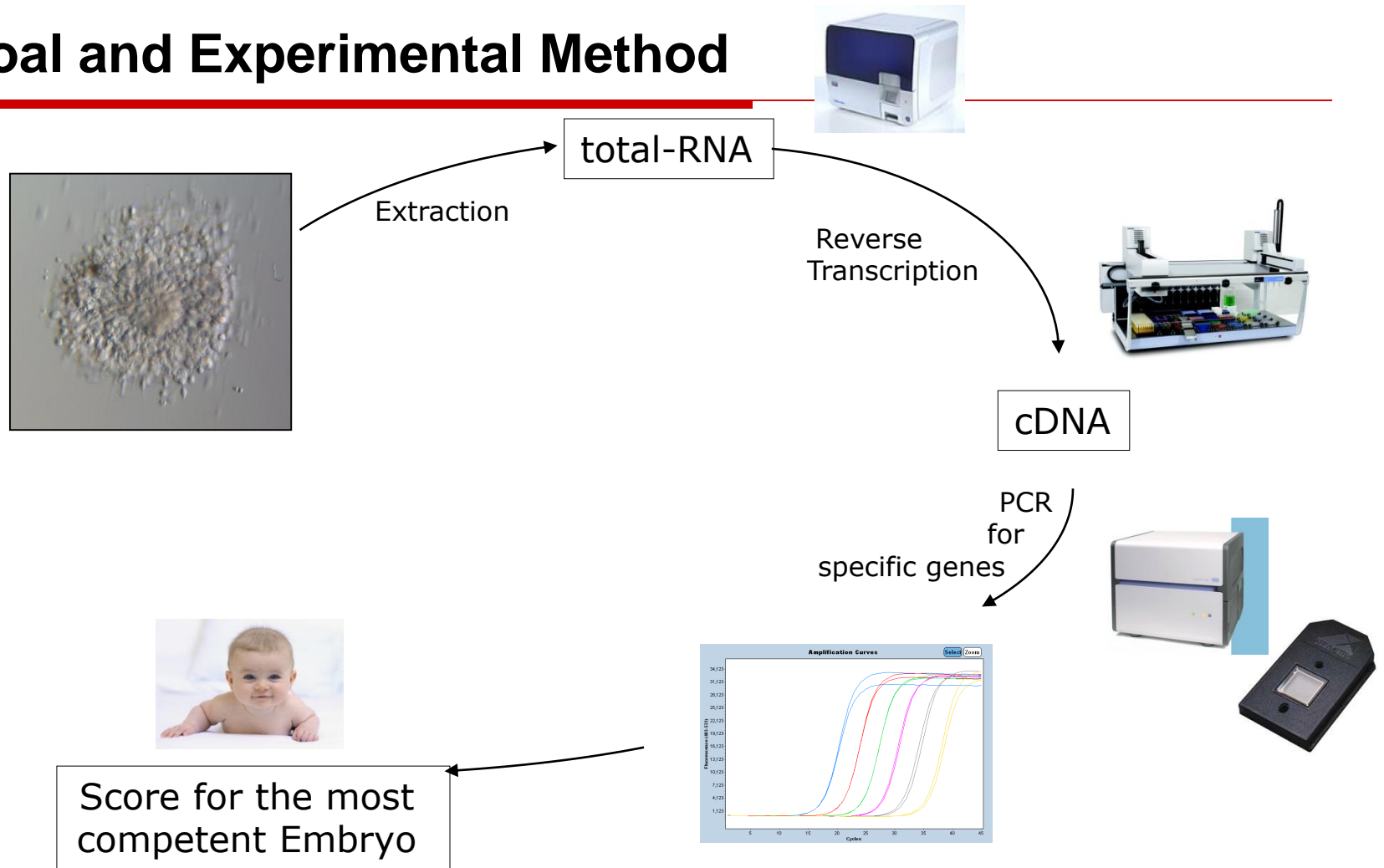


Cumulus cell gene expression



Is CC expression Informative?

Goal and Experimental Method



The strongest pregnancy predictive genes in 3 consecutive QPCR studies

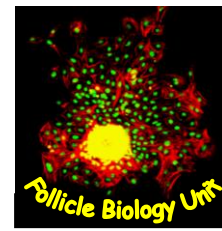
23 genes were evaluated until now in 122 patients *

Study	Total n	% pregnant	Genes retained for pregnancy	PPV	NPV	Accuracy
1 st	42	45%	SDC4 and VCAN	88	81	83
2 nd	33	48%	EFNB2, CAMK1D and STC1	80	78	79
3 rd	47	40%	EFNB2, GSTA3, GSTA4, PGR and GPX3	93	93	93

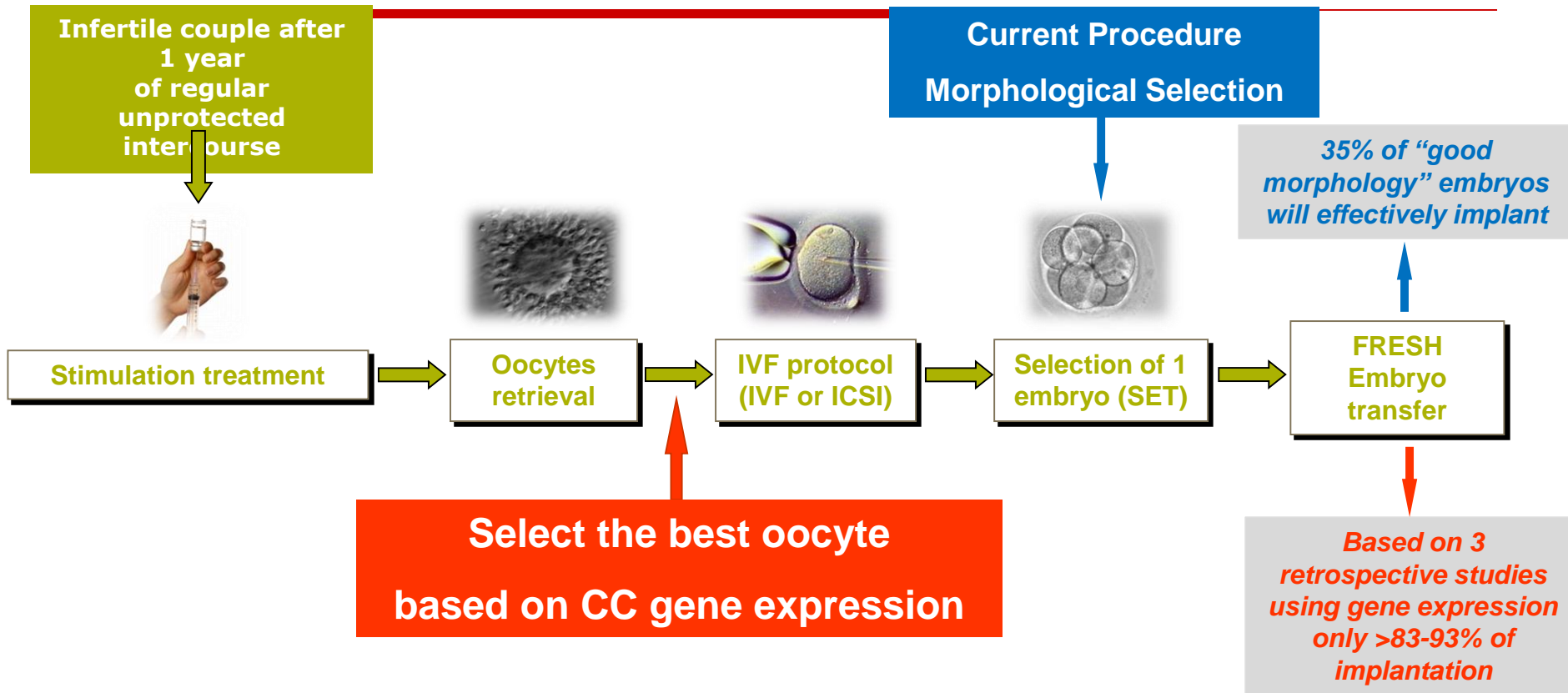
Example of a multiparametric pregnancy prediction model

$$\text{Chance on pregnancy} = -2.25846 + 0.79256 \times \text{EFNB2} + 0.09491 \times \text{GSTA4} - 0.09632 \times \text{PGR}$$

→ Gene only models perform well



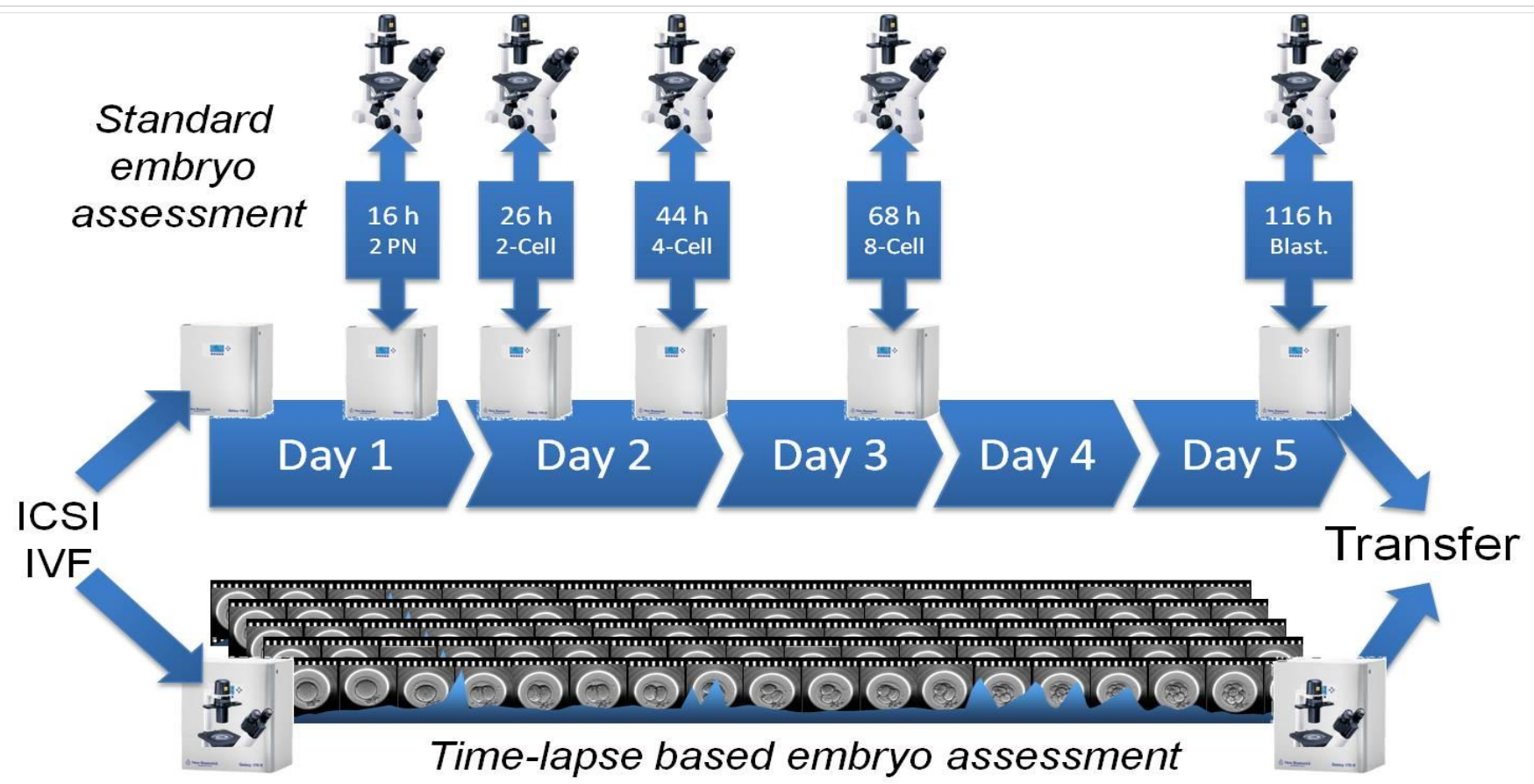
Objective = Select the best oocyte and not the best embryo



Time-lapse

Superior amount of information with time-lapse

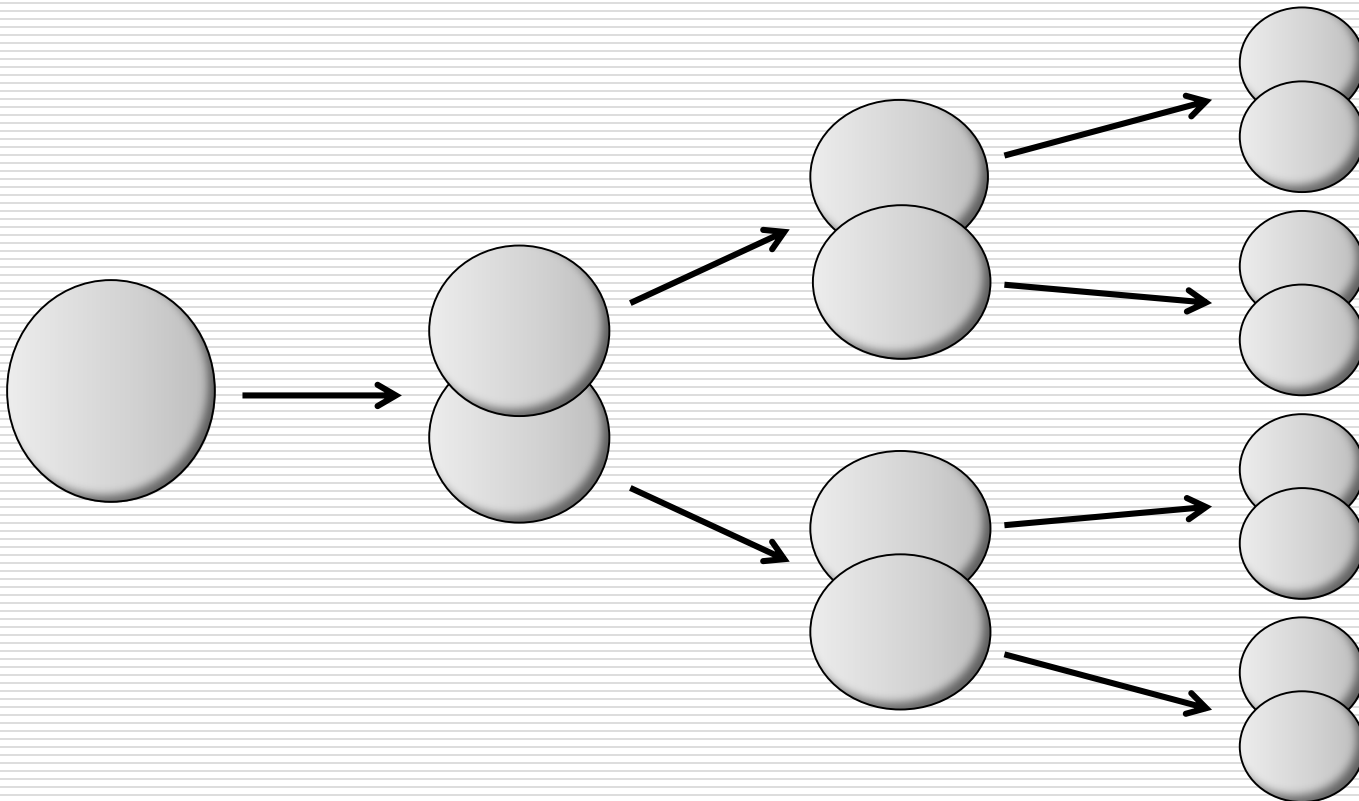
- The difference is not only "quantity"



Over 5 days per embryo: approx. 5000 images (700 time values / 7 focal planes)

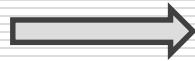
Cleavage patterns

"Regular" cleavage pattern  Establish "positive selection" criteria

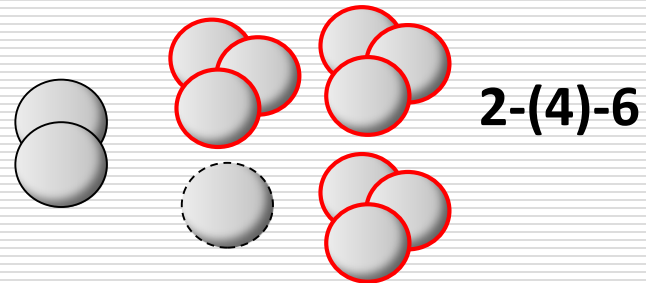
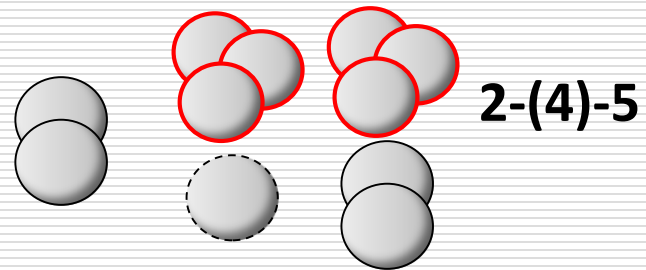
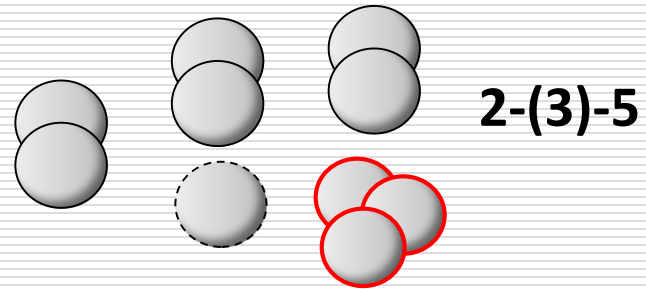
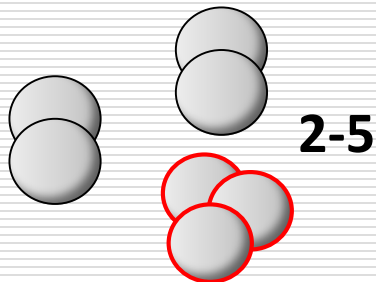
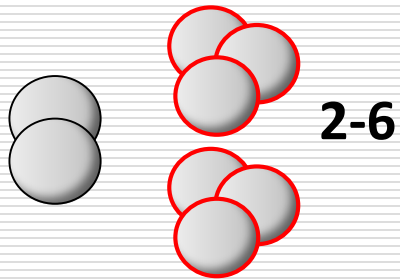
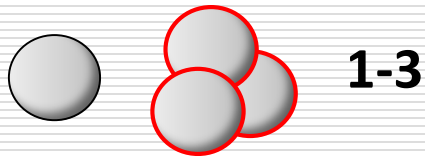


Cleavage patterns

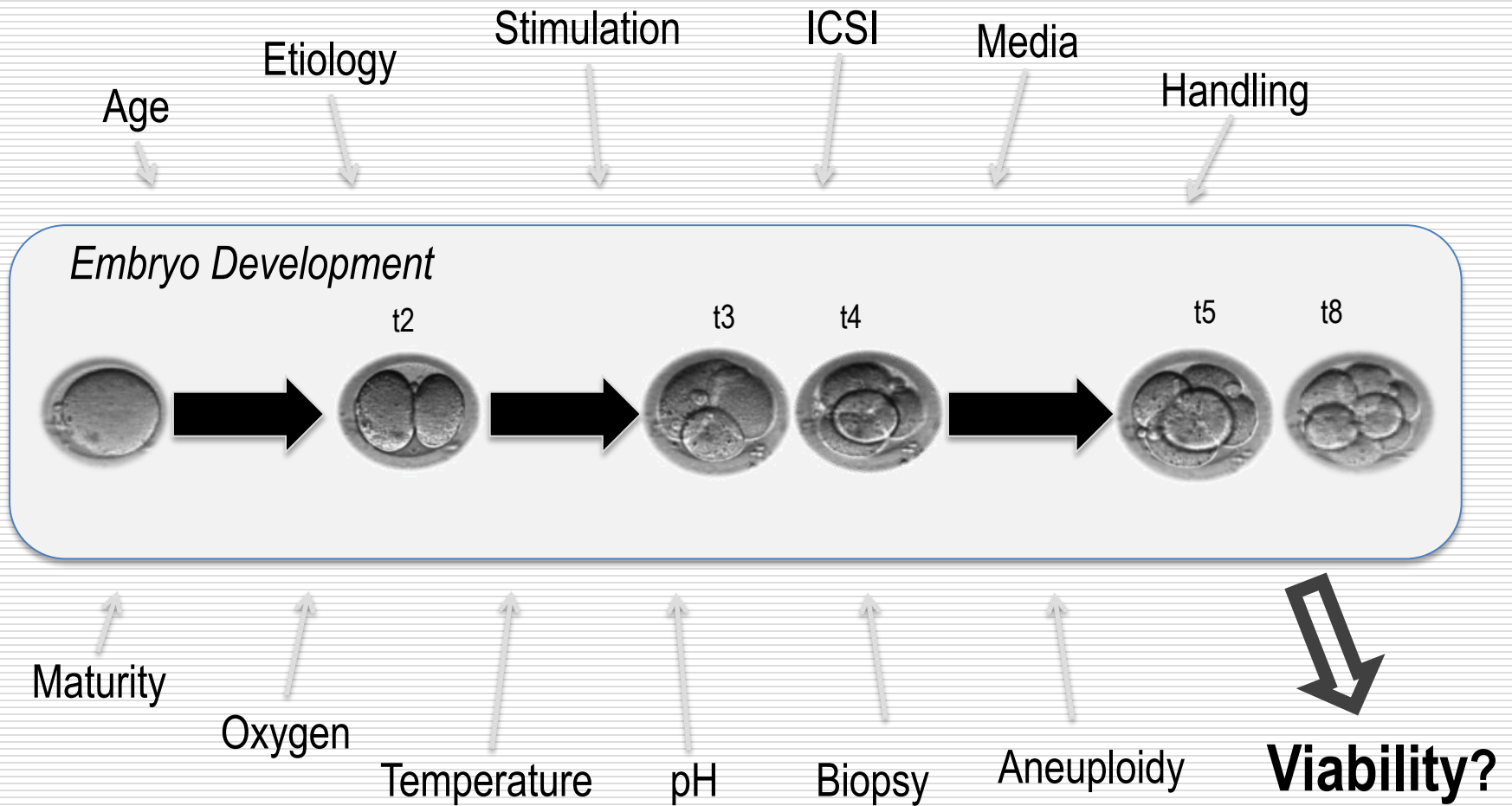
Unusual cleavage patterns



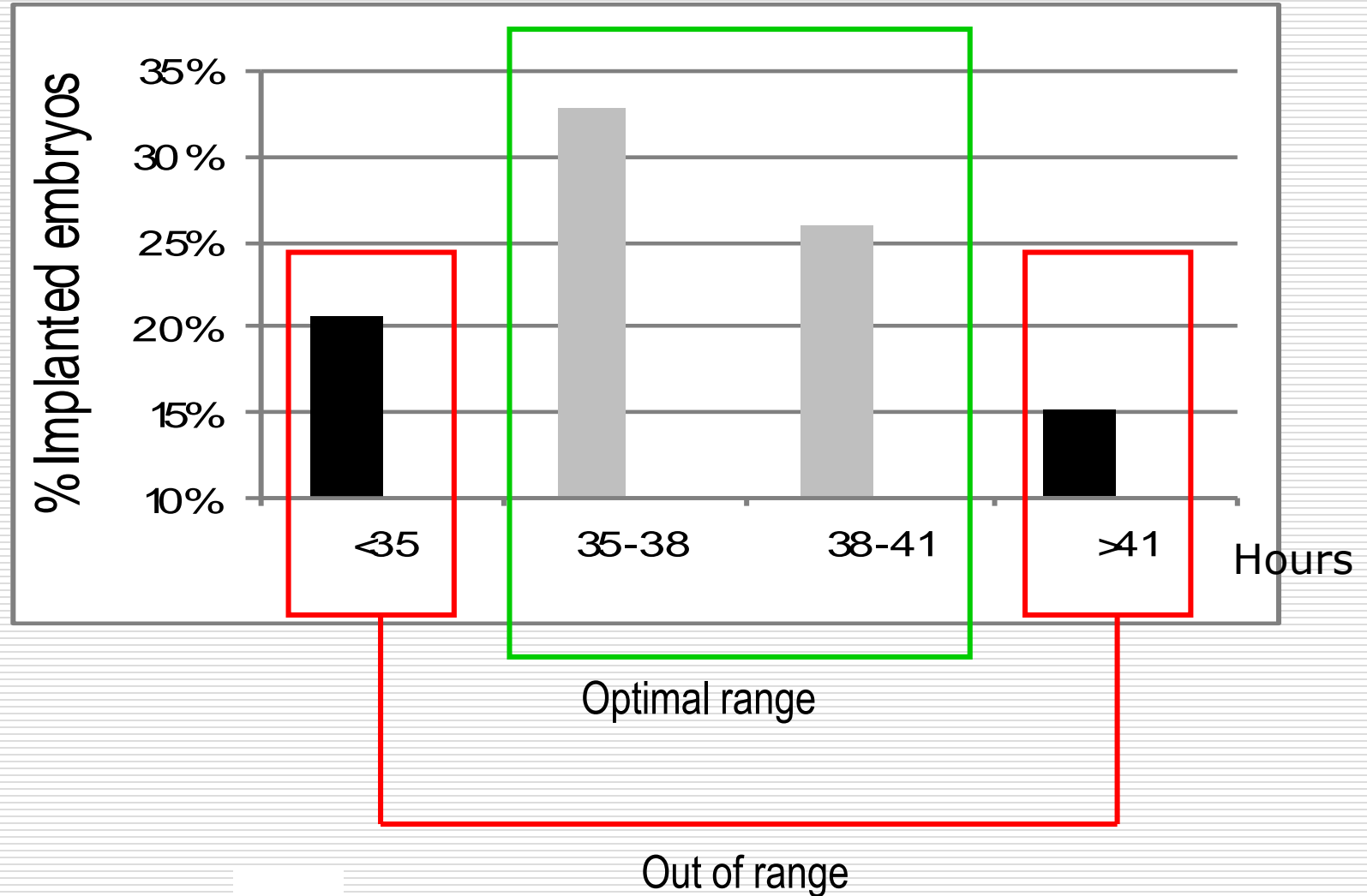
Establish "negative selection" criteria



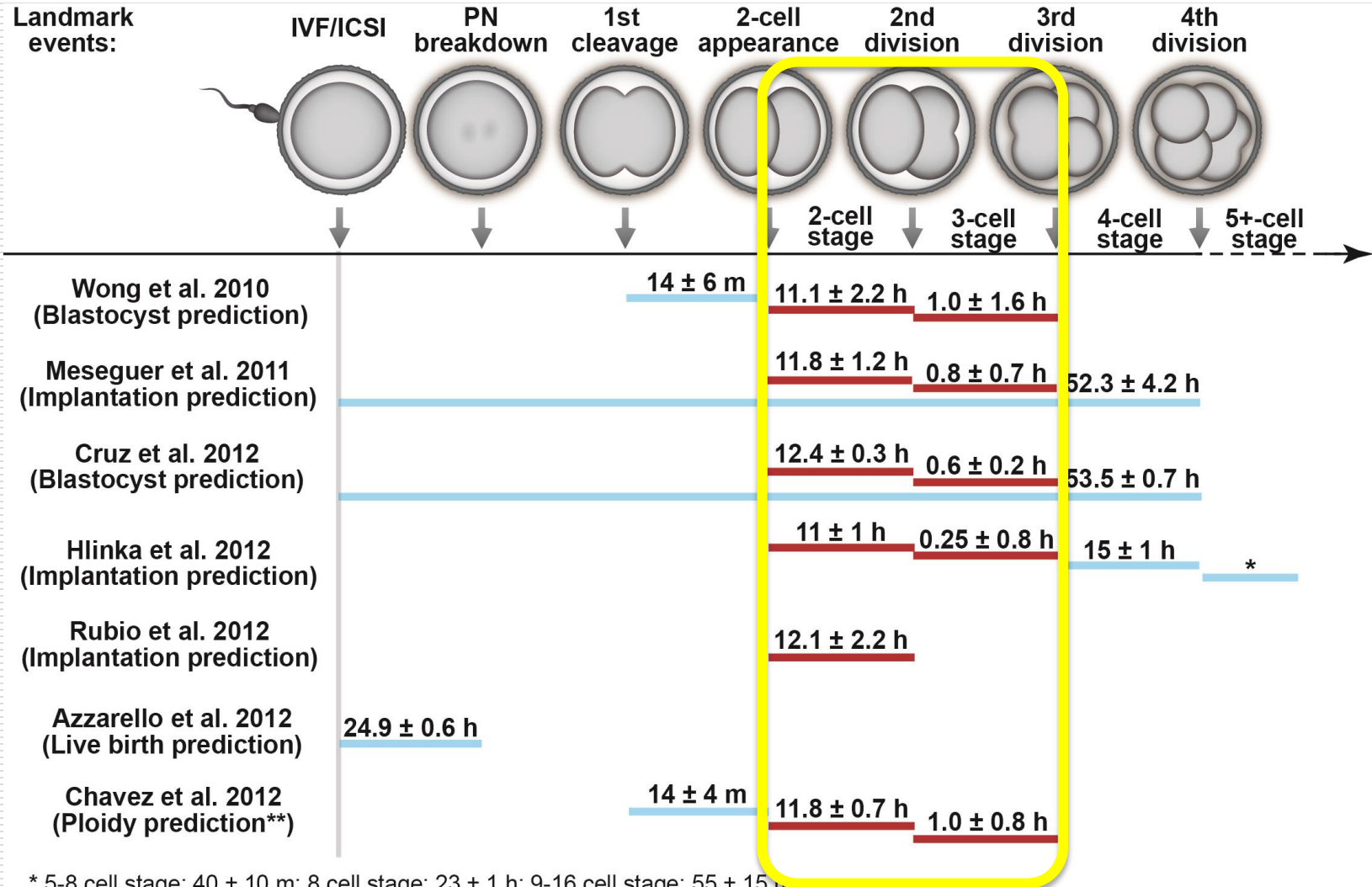
Factors affecting cleavage patterns



Establishing optimal ranges



Time-lapse markers described by different studies



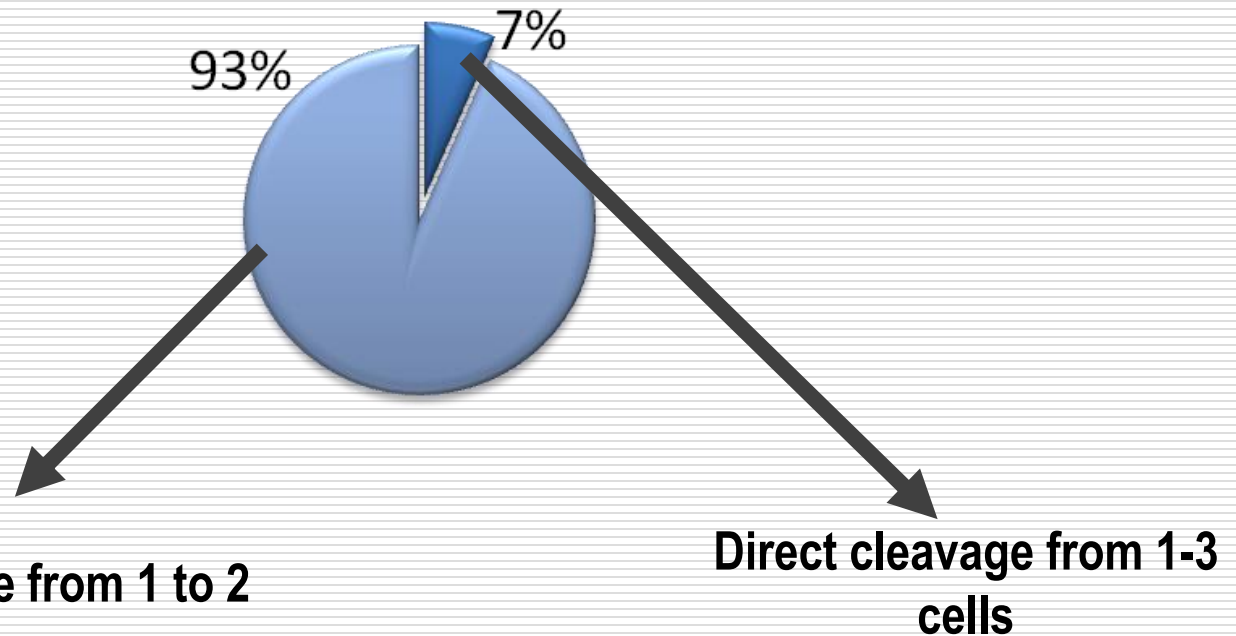
* 5-8 cell stage: 40 ± 10 m; 8 cell stage: 23 ± 1 h; 9-16 cell stage: 55 ± 15 m

** dynamic assessment of fragmentation was also included in the study

Direct cleavage from 1-3 cells

Static observation will miss 63%

1659 transferred embryos



Regular cleavage from 1 to 2

Direct cleavage from 1-3 cells

Implantation rate < 2%
(n=109)

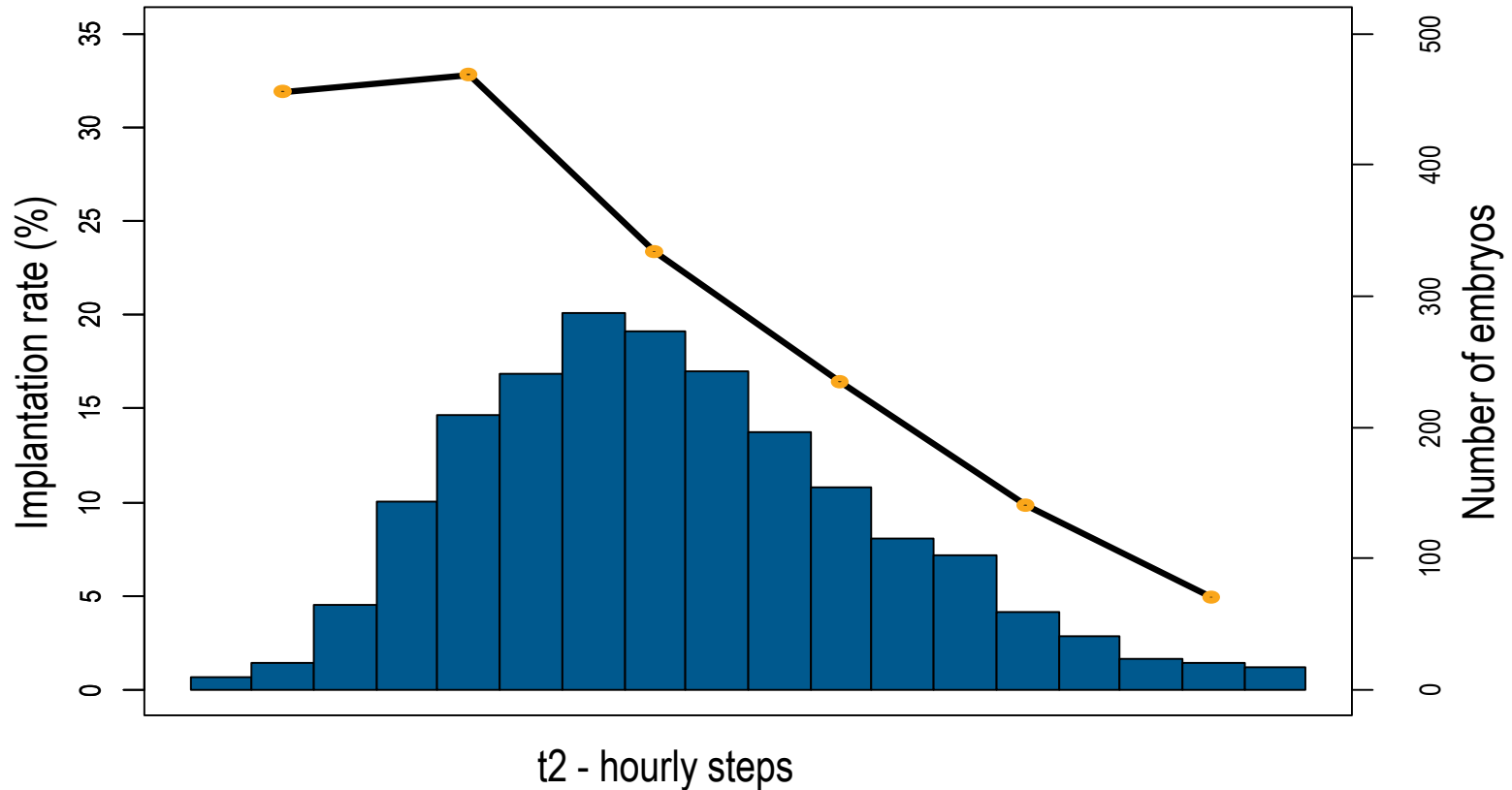
Implantation rate >13%
(n=1550)

Morphokinetic markers correlate with implantation

Retrospective analyzes

Patient Population	# Pts	# Embs	Avg Age (years)	Implantation Rate	Clinical Pregnancy Rate	Ongoing Pregnancy Rate
At least 1 Eeva High transferred	47	89	32.1 ± 5.2	49% (44/89) 	60% (28/47) 	55% (26/47)
Only Eeva Lows transferred	30	52	32.2 ± 5.1	21% (11/52) 	40% (12/30) 	37% (11/30)
<i>p-value</i>			<i>p=0.9</i>	<i>p<0.001</i>	<i>p=0.09</i>	<i>p=0.11</i>

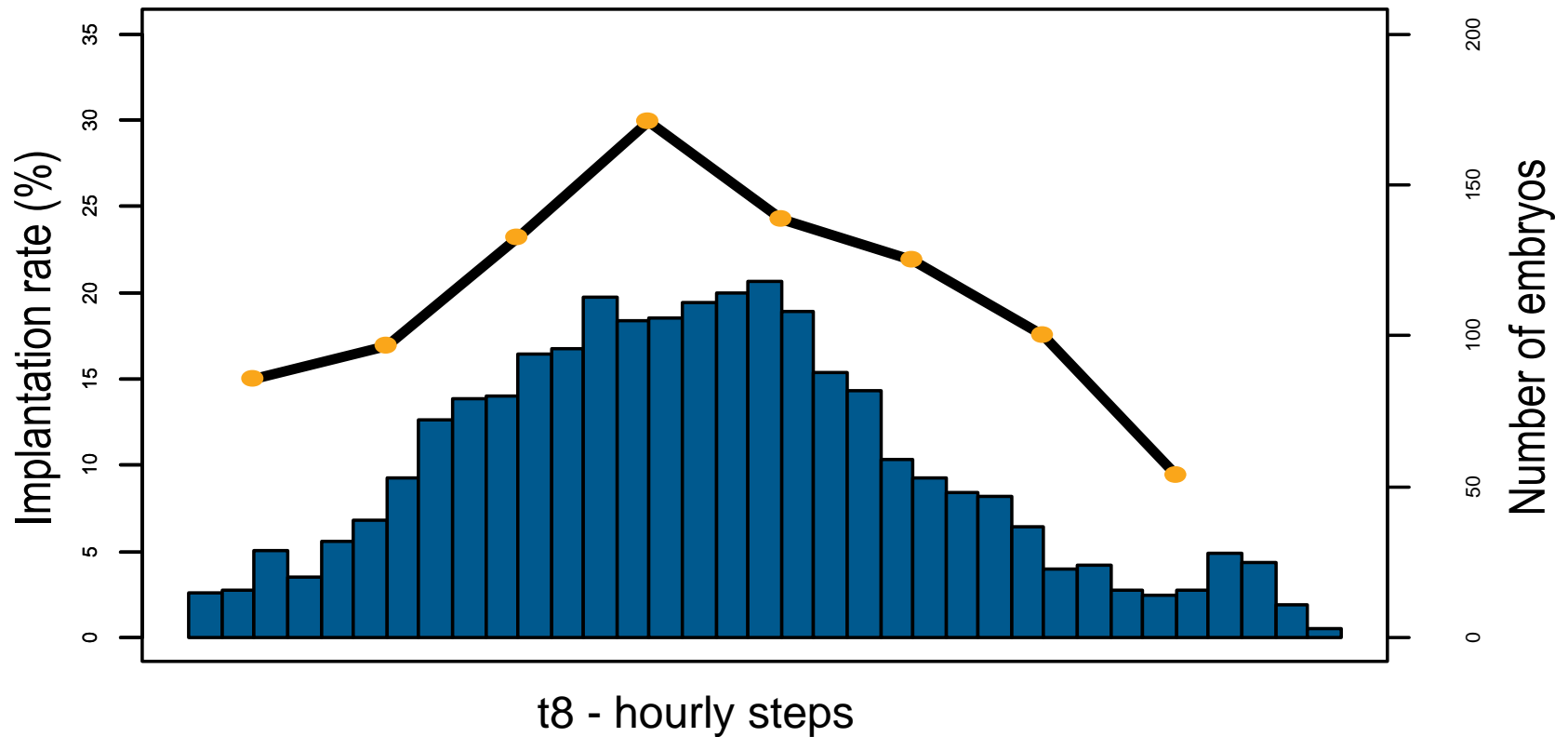
t2 and implantation rates



Early cleavage is an important parameter

But the exact definition of „early“ depends on the individual laboratory and the conditions

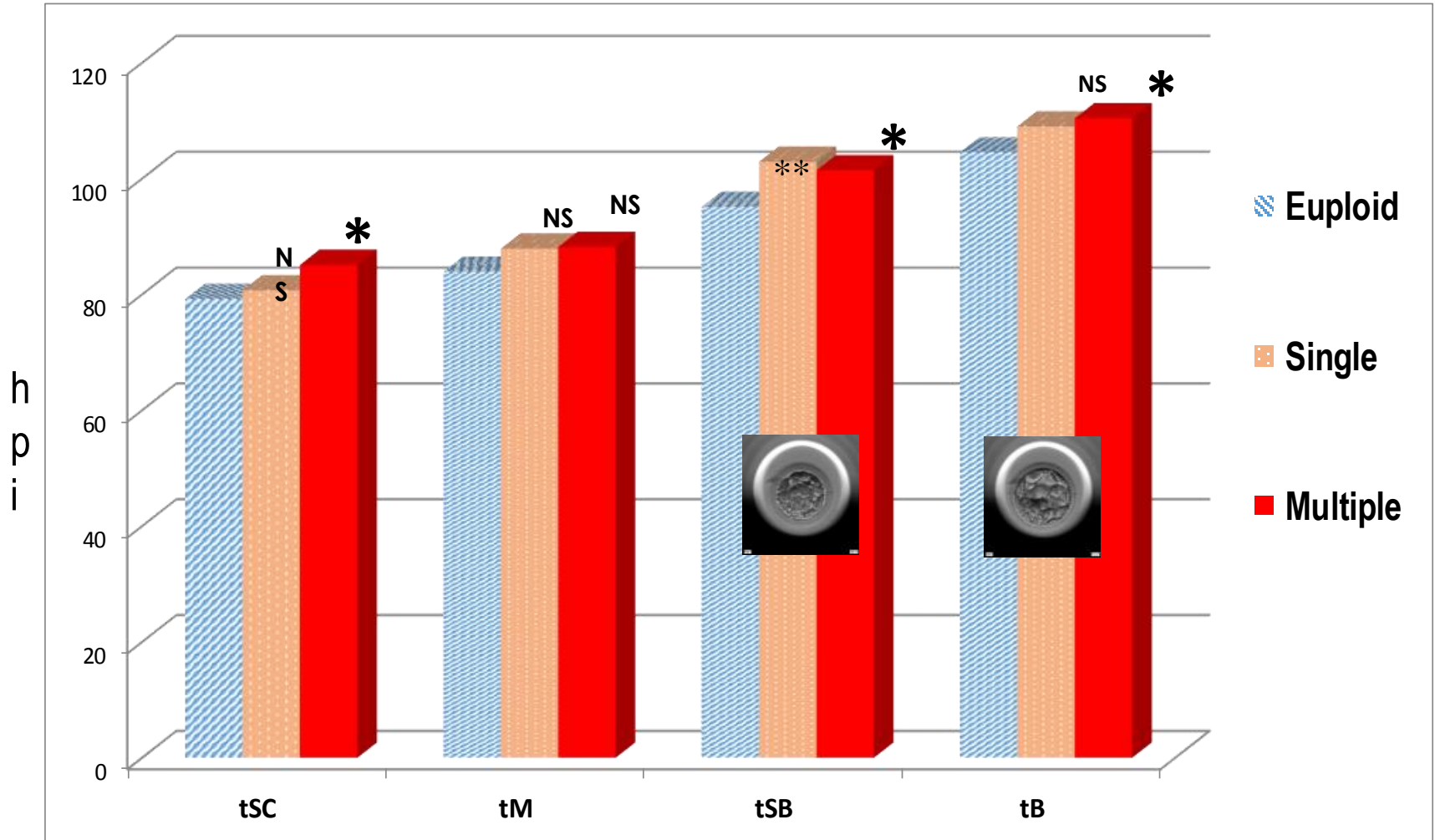
t8 and implantation rates



- Embryos being 8-cell too early or too late have a much lower implantation potential
- Choosing day 3 embryos with cell numbers that are much higher than 8 as standard is not beneficial

Based on n > 2000 treatment cycles from different clinics
Courtesy of: FertilTech

tSB / tB and euploidy/aneuploidy



* P<0.05 ** P<0.01 (MWW test)

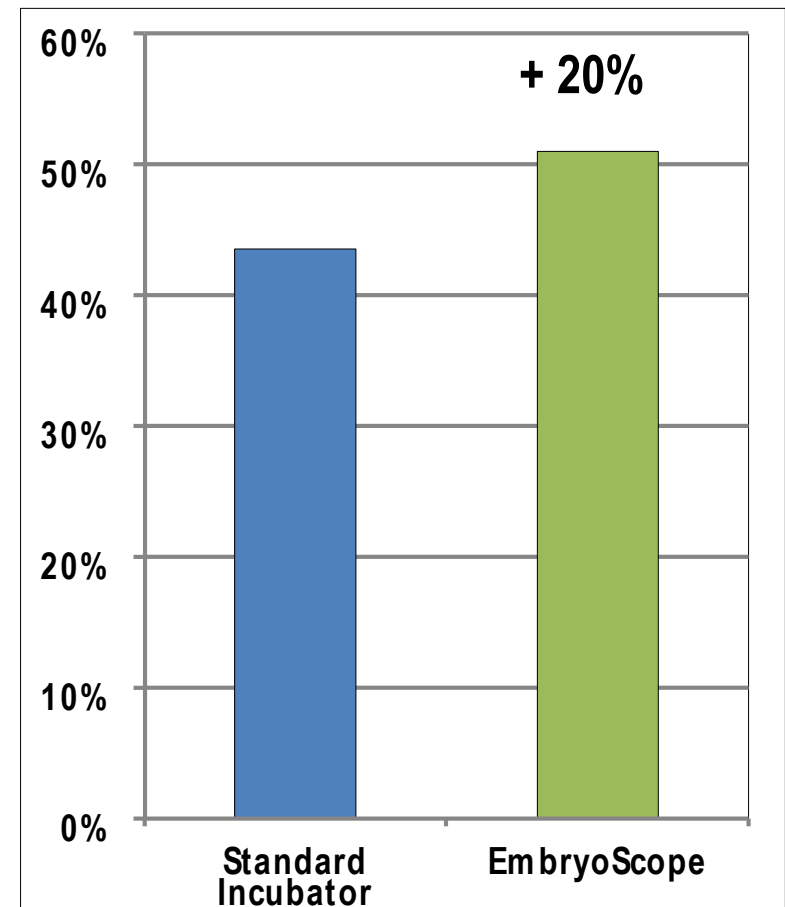
tSB time from insemination to start of blastulation (h)
tB time from insemination to reach 'full' blastocyst (h)

Courtesy of: FertilTech

The benefits of morphokinetics

Less Disturbance = Better Development

More Observations = Better Selection



Conclusions

- ❑ Embryo assessment is one of the most critical procedures that play a role in the success of IVF/ART
- ❑ Traditional embryo assessment is challenged by different factors, ie, subjectivity, low efficiency
- ❑ New “non-invasive” techniques may provide valuable additional information to optimize embryo assessment and maximize the chances of IVF success

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